

RIDING PROFILE

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Ottawa metro



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WEEKEND, SEPTEMBER 11-13, 2015

High 25°C/Low 13°C Sun and clouds



CELEBRATE LIFE

INUIT COMMUNITY MARKS WORLD SUICIDE PREVENTION DAY



Students from the Nunavut Sivuniksavut program stand on Parliament Hill as the National Inuit Youth Council and Inuit Tapiriit Kanatami hold a Celebration of Life on Thursday to raise awareness of World Suicide Prevention Day. JUSTIN TANG/THE CANADIAN PRESS

Taxi drivers charged after violent protest

LABOUR DISPUTE

Video footage of attack on Blueline cab leads to arrests



Joe Lofaro
Metro | Ottawa

A trio of cab drivers face weapons and mischief charges over a violent protest this week on the Airport Parkway, as unrest within Ottawa's taxi industry shows no signs of slowing down.

Investigators from the Ottawa police's east district made the arrests Thursday after video footage emerged of protesting airport drivers attacking a Blueline taxi with sticks.

The rear windshield of the cab, which had a passenger in the back seat at the time, was destroyed.

The three cabbies will appear in court Friday on one count each of mischief over \$5,000 and possession of a dangerous weapon.

The protest, which started one month ago Friday, is in response to Coventry Connections asking Airport Taxi YOW drivers

to pay about \$5 per fare at the airport, up from the previous \$1.50 fee.

With no resolution in sight, the labour dispute appears to be at an impasse.

Meanwhile, Capital Taxi drivers rejected a new collective agreement from Coventry Connections in a 211-104 vote Wednesday evening.

The collective agreement, which is unrelated to the airport

taxi dispute, included a reduction in dispatch and credit card transaction fees, but under a three-year agreement.

As the City of Ottawa conducts its expedited review of the taxi bylaw, Capital Taxi drivers fear locking themselves into a contract for three years is a bad gamble.

The city's review of the taxi industry is expected to be completed by the end of this year.

"They don't feel safe signing a contract for three years. Nobody knows what will happen," said Georges Chamoun, chairman of the Capital Taxi union.

Blueline, which has the largest fleet of taxis in the city, signed a new agreement in August, which, according to Chamoun, was a one-year deal. He wants the same for his drivers.

"We are looking for fairness," he said.

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Politicos say goodbye to Hy's

FOOD & DRINK

Regulars mourn closure of steakhouse for statesmen



Michael Woods
Metro | Ottawa

It's hard to imagine political Ottawa without Hy's Steakhouse, for decades the go-to destination for capital politicians.

Politicians, journalists and lobbyists have long gathered at the Queen Street restaurant and cocktail bar for power lunches, post-work libations and pricey steak dinners.

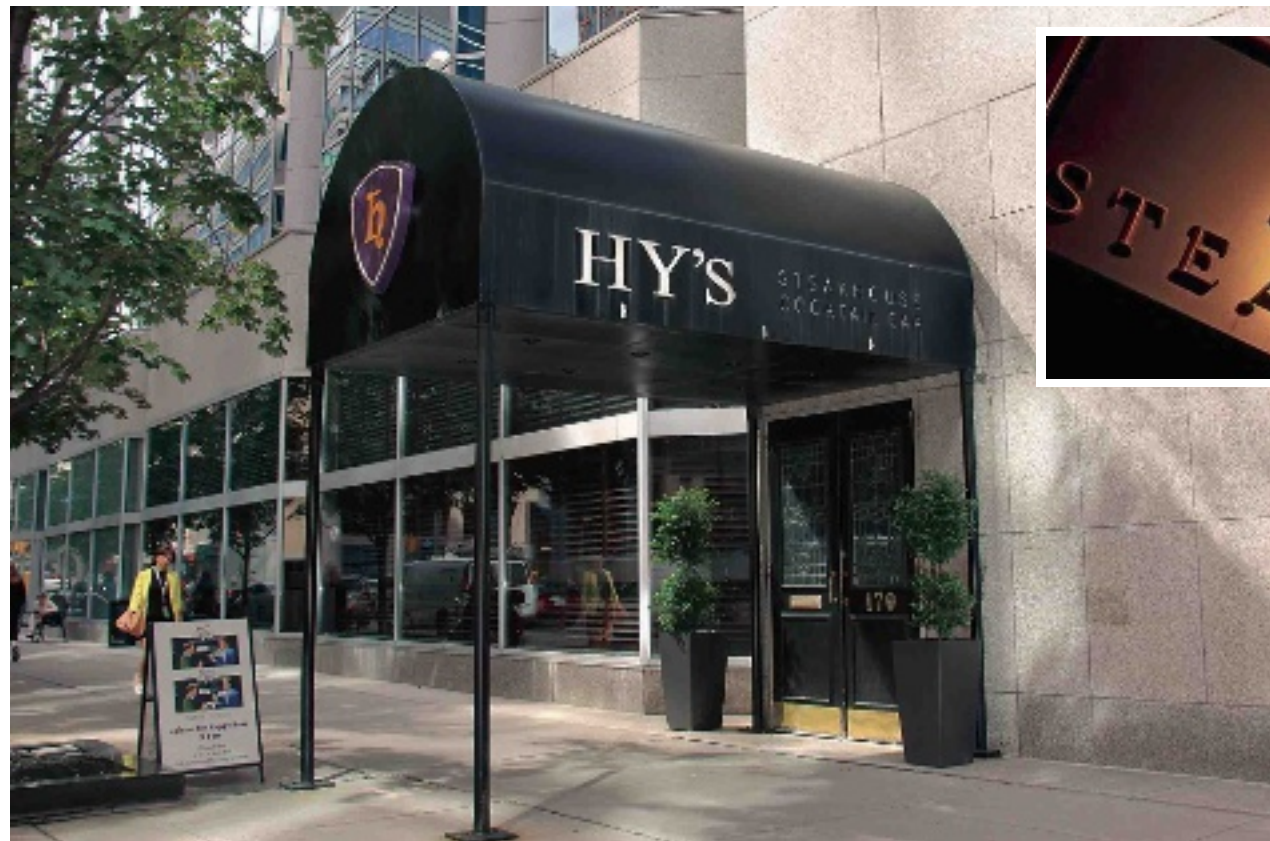
Soon, they won't be able to. After a 30-year run, the restaurant and cocktail bar is shutting its doors for good next February.

"We're closing because we were unable to come to acceptable terms with the landlord to renewing our lease," company spokeswoman Karyn Byrne said. "It's incredibly sad for all of us."

There are "currently no plans" to re-open elsewhere in the city, she said.

Longtime patrons are mourning the restaurant's closure, both because of the 40 staff members who will lose their jobs and because it is political Ottawa's central mingling hub.

"It was the kind of place where you could go in without having anybody with you and



Hy's Steakhouse, the beloved Queen Street restaurant, is closing its doors for good next February. MICHAEL WOODS/METRO

you could usually meet someone that you knew — sometimes quite well — and you'd usually get into a conversation with them," said longtime CBC host Don Newman, one of the country's most respected political journalists.

"I think the political system needs informal meeting places for people in politics and journalism," he added. "I

think that democracy needs that kind of interchange, not just between politicians and journalists, but politicians from other parties. ... It can't be all people making set statements in the House of Commons, and that's all there is to it, because nothing would ever get done."

The restaurant in the Sun Life Financial Centre played

host to innumerable birthday celebrations and going-away parties. Budget night was always the biggest night of all, when Hy's became the city's most happening place, packed wall-to-wall.

The restaurant is also beloved for its "really, really good service," said former Liberal strategist Greg MacEachern, now vice-president at Envir-

onics Communications.

Arriving from the office after work, "my favourite ale would be in front of me before I sat down."

MacEachern fondly remembers a wake at Hy's for former Sudbury MP and longtime regular Doug Frith, who died suddenly in March 2009. Former prime minister Jean Chretien toasted Frith's memory.

"The entire place went silent. ... I still have my receipt from that night, with our waitress's handwriting, and an arrow: 'Jean Chretien's martini!'"

It was more than the rich mahogany and the glass-encased coal fire that made it a popular Parliamentary destination. Hy's is central: two blocks from Parliament Hill and even closer to many of the offices where journalists, staffers, lobbyists and bankers ply their trades.

Newman said there's always been a place to perform the important role of informal Hill gathering spot.

"At one time I think it was probably the Chateau Laurier, way back when, certainly before my time," he said.

The Press Club, a longtime Wellington Street hangout, also filled the role, but it closed in 2007. Now, Hy's is closing, too.

"I hope a new place springs up, because I do think it plays an important but informal role in making this town work."



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POLITICAL BUZZ

Jessica
Murphy

John Akpata is going to film his campaign ads in his kitchen and release them on Facebook.

It's part of the Ottawa Centre Centre Marijuana Party candidate's strategy to spend a grand total of zero, zip, nada on his campaign.

This is Akpata's fifth barebones race. In 2011, he won 326 votes in Ottawa Centre — all without spending a dime.

"Vote per vote, the Conservatives, the Liberals, the NDP wish they had that return," he boasted.

Akpata is under no illusion he can defeat incumbent NDP MP Paul Dewar but wants to prove you don't need cash to participate in politics.

"Everyone who wants to run should be able to run and it shouldn't cost them anything," he said.

Political scientists concede it's not clear how much of a difference money makes at the local level, especially beyond

the tightly fought swing ridings. The fate of individual candidates is often tied to that of their party's national campaign.

Candidates Metro spoke with also say meeting voters one-on-one is the best way to win support.

But a marathon federal election and new spending rules mean all campaigns — national and local alike — can spend record amounts.

Carleton riding Green Party candidate Deborah Coyne said she couldn't imagine spending that much on a local race.

She said she's making "no compromise" at all on things like campaign signs and literature and plans to spend a tenth of that amount.

"I've always had a shoestring budget whenever I've been in politics," she said.

Ottawa Centre Libertarian Party candidate Dean Harris — with a budget of "less than \$1,500, if that" — said he's focusing on getting his message to the youth vote on university campuses and on a poster campaign.

'Relationship-building' key for development: AFN chief

ZIBI DEBATE

Bellegarde keen on closing gaps between industry and First Nations

Lucy
Scholey
Metro | Ottawa

Assembly of First Nations national chief Perry Bellegarde says Ottawa's divisive Zibi development is a shining example of

"relationship-building" between industry and First Nations people.

Windmill Development Group is spearheading the massive \$1.2-billion commercial and condo development along the Ottawa River. Bellegarde says he's staying mindful of all sides of the debate on the Chaudière Falls plan.

"First Nations people aren't opposed to development," he told reporters on Thursday. "We want to be part of the economy."

Bellegarde's comments followed his speech as guest at Ottawa Mayor Jim Watson's regular breakfast series. It's a business networking session that has fea-



We don't want to be just consumers of goods and services, we want to be creators, producers of goods and services.

AFN chief Perry Bellegarde

tured the likes of Liberal Leader Justin Trudeau and Jason Kenney, who was the minister of national defence before the start of the election campaign.

Bellegarde, who hails from the Little Black Bear First Nation in Saskatchewan, is a new resident to Ottawa, having been elected as AFN chief on Dec. 10, 2014.

"From what I know of, it

seems positive," he said of the talks between Windmill and indigenous people. "There seems to be a great partnership between Chief (Kirby) Whiteduck and the industry, so you move forward, there's always pros and cons. There's always sides."

Whether it's Zibi or any other development, Bellegarde said it's important to create a venue for

people to voice their concerns and find "common ground."

Critics of the Zibi development include architect Douglas Cardinal, who designed what's now known as the Canadian Museum of History. He's among those who want the two islands turned into parkland to honour the sacred unceded Algonquin territory.

Bellegarde's speech largely focused on "closing the gap" between indigenous people and the rest of Canada, noting a disparity in child poverty rates, communities with boil water advisories and the UN's human development index.



THE FUTILE PRECAUTION HITTING THE MONEY NOTE Baritone Joshua Hopkins belts out an operatic tune from the Barber of Seville at the ByWard Market on Thursday. To help promote the Opera Lyra production, which starts Sept. 26 at the National Arts Centre, Ottawa Mayor Jim Watson showed up for a shave and "butterfly child" Jonathan Pitre arrived for a new 'do.

LUCY SCHOLEY/METRO

ALEXANDRA BRIDGE

Man hospitalized after 35-metre fall

A 44-year-old man is in serious condition in hospital after falling from the Alexandra bridge Thursday afternoon.

Paramedics said the incident happened just after 1:30 p.m.

The man fell about 35 metres landing in the water and hitting some rocks on the way down, according to paramedics. He suffered serious injuries in the fall.

Paramedics said the man was conscious after striking the rocks, but he could be seen struggling to the shore.

The Ottawa Paramedic Service Tactical and Marine Unit, the Ottawa Police Service, and

Ottawa Fire Services were deployed to rescue the man and bring him back to safety.

The man is recovering in the Civic Hospital trauma unit.

JOE LOFARO



Alexandra Bridge GOOGLE

CRIME

Police seeking robbery suspect

Joe
Lofaro
Metro | Ottawa

Ottawa police are seeking the public's help in locating a suspect who pointed a gun during a robbery in Orleans last week.

Police said the incident happened on Sept. 3 at approximately 7 p.m. in the 34000 block of Trim Road.

The suspect entered the bank and verbally indicated he was robbing it before making a demand for cash.

He had a handgun and pointed it toward bank per-

sonnel, according to police.

After stuffing the undisclosed amount of money in a plastic bag, the suspect fled to a nearby red hatchback which had a black roof rack.

Police believe the suspect was in the area several hours before going inside the bank.

The suspect is described as a Caucasian man, English-speaking, approximately six feet tall with a medium build, and approximately 25 to 30 years old.

He wore a dark blue or black long-sleeved button down shirt with stripes, beige or khaki docker type pants, a blue and white baseball cap

with no logo, sunglasses with dark lenses, as well as dark blue and white running shoes.

Anyone with information with respect to this robbery, or any other robbery, is asked to contact the Ottawa Police Robbery Unit at 613-236-1222, ext. 5116.

+ CALL FOR TIPS

Anonymous tips can be submitted by calling Crime Stoppers toll-free at 1-800-222-8477 (TIPS) or by downloading the Ottawa Police iOS app.

IN BRIEF

Off-duty cop charged with impaired driving

An off-duty Ottawa police officer has been charged with impaired driving following an incident in the Outaouais.

Const. Jarrid Foley, 37, is facing two impaired driving charges after officers with the MRC des Collines-de-l'Outaouais arrested him on July 5. Details about the nature of incident were not included in a news release.

Police charged him on Wednesday and have assigned him to administrative duties as a result of the investigation.

The Ottawa Police Service Professional Standards Section has also opened an internal investigation into the matter. JOE LOFARO

Blast that beer gut with... beer?

Beer and exercise.

On the surface, these words shouldn't go together: I mean, the term "beer belly" doesn't conjure up images of elite athleticism. Though not an intuitive pairing, beer and physical exertion are perfect for one another.

THE BOTTLENECK

Jordan Duff



OTTAWA BEER RUN

An obvious combination of beer and exercise will be happening this weekend: The Ottawa Beer Run.

A fairly self-explanatory title, the event involves running from brewery to brewery, drinking beer and running more. There will be two courses (a 9.5- and a 14.5-kilometre grind), each with four waves.

If you've ever had that burning desire to feel like you're going to vomit for a few hours, this event is for you! In addition to being good cardio, it's also good for your emotional heart since it's a fundraiser for Candlelighters childhood cancer support programs.

The participating hydration stations/breweries include Kichesippi, Beyond

the Pale, Big Rig, Clocktower, Mill St., Lowertown and 3 Brewers. If you've run this race, you're familiar with the unique feeling of carbonated beer sloshing around your insides as you bound to the next destination.



OTTAWA BEER RUN

BEAU'S KUNSTADT SPORTS OKTOBERFEST RIDE

If you scoff at the running distances, then perhaps the Beau's Kunststadt Sports Oktoberfest Ride is more your speed. Held during the Saturday (Oct. 3) of Beau's Oktoberfest, this ride is limited to 200 people (at the time of writing there are still a handful of spaces left) and raises money for the United Way Ottawa. The route options for the ambitious riders are from Ottawa (100km) or from Bourget (50km) to Beau's Brewery in Vankleek

Hill. No matter which route you choose, expect a well deserved pint once you arrive. The minimum registration is \$125 with various prizes and packages available to the top fundraisers (top prize is a private keg party!). Don't worry, transportation back for you and your bike is part of the deal. If you're into Beau's brews but prefer winter sports, consider the cross-country ski trails around the brewery (champlain.ca).



JEN BEAUCHESNE/BEAU'S BREWERY

THE HAPPY YOGI

After all that running or cycling, proper stretching is probably a good idea. Stretching with a proper beer is an even better idea. Ottawa's Happy Yogi, Ashley Eagan, will be providing yoga sessions before and after the Oktoberfest Ride.

The Happy Yogi has been leading yoga classes at breweries across the city all summer, where she learned that each brewery really comes from its own place of authenticity and each have different offerings. The fall Yoga on Tap schedule (five classes at five breweries) has just been announced at thehappyyogi.ca.

For more information, or to follow Ashley's adventures across Ontario, you can tweet her @AshleyPEa-

gan. Ashley is a firm believer that the basis of both beer and yoga is community, so the two are a natural pairing. I agree and can't think of a more zen location to work on my warrior two stance than among the tanks and fermenters of a brewery.



ASHLEY EAGAN/THEHAPPYYOGI.CA



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Scott Street on Hintonburg's north end. JOE LOFARO/METRO

Hintonburg hints at housing

Neighbourhood profiles 2015: In the third instalment of Metro's profiles, we visit one of Ottawa's transitioning areas to examine the issues that matter to its residents in the fall election



Joe Lofaro
Metro | Ottawa

On a sunny afternoon in late August, the streets of Hintonburg are bustling with people from all walks of life. A trio of moms share a coffee on a patio at Thyme & Again with their newborns nestled in their laps. A husband and wife chat up the clerks at the Parkdale Farmer's Market while inspecting the ripened tomatoes. And kids help adults pick fruit from a tree next to the Castle Towers apartment building.

A neighbourhood in transition, Hintonburg is one of Ottawa's trendy, sought-after spots for single, young professionals and young families.

Restaurants dot Wellington Street West as far as the eye can see and final touches are being put on The Eddy on Wellington

Street West, one of the many condos that have changed the landscape of the 122-year-old neighbourhood.

Life is good in the 'hood, but it wasn't always like this. "The 1990s up until about 2009 there was a lot of drugs and prostitution," said Cheryl Parrott, who has called Hintonburg home for the past 35 years.

"It was very bad. At one point in 2005 there were probably about 30 active crack houses. But that's gone, so now the issues are different."

As the country heads into another federal election, other issues are on the minds of those who live and work here. For Parrott, it's affordable housing.

"Hintonburg has worked so well because it has been diverse; diverse economically, diverse ethnically. We're losing some of that diversity because

QUICK GUIDE

Hintonburg is bordered by Scott Street on the north, the O-Train line to the east, the Queensway to the south, and Holland Avenue to the west.

Population: 9,790

Largest age group: 30-39 years old

Number of registered voters (2010 municipal election): 5,814

Employment rate: 5.8%

Number of restaurants: 23

we've lost a lot of affordable housing.

Parrott is one of the founding members of the Hintonburg Community Association,

which fought back against a Ritchcraft proposal in 2013 to demolish a vacant building at 250-252 Parkdale Avenue to build a sales office for a new condo complex.

The association noted in a formal letter to the City of Ottawa that the vacancy rate for affordable rental units was pegged at below 2 per cent.

Another sticking point for her is the planning for phase one of LRT construction, which will divert 2,500 buses a day run along Scott Street from 2016 to 2018.

Parrott said incumbent NDP MP Paul Dewar could have pushed the National Capital Commission further by asking to divert more buses on the Sir John A. Macdonald Parkway.

"That's what the community expected to happen," said Parrott.

"We would hope in the future that all representatives

We're losing some ... diversity because we've lost a lot of affordable housing.
Cheryl Parrott

would work together, better."

On the small business front, Ian Fraser, co-owner of the Cycle Logik bike shop on Wellington, said it's been "fantastic" to run a store here.

When he opened his bike shop to the neighbourhood eight years ago, crime was high and there was hardly any foot traffic on the streets, he said.

He said he wants MPs to have a bigger role in local politics.

"I think the federal government needs to take a very active role in how they get involved

at that level, whether it's just dialogue discussion or helping specific communities in need," said Fraser.

One way MPs can do that is to participate in quarterly meetings with city councillors, in a town hall setting, for example.

He also wants the federal government to do a better job at re-educating the workforce and to make it easier for companies to create more internship opportunities.

Ottawa-Centre has been orange ever since Dewar won in 2006, but Fraser said the well-liked MP will face serious competition from the Liberal candidate, Catherine McKenna.

"I think it will be a close race between the NDP and the Liberals," said Fraser.

"I think the Liberals are running a really strong candidate here."

Next week: The Glebe

A brief history of the area

Early Days

Hintonburg became part of Ottawa after it was annexed in 1907, after which it was known as "The West End." But before then it was its own village, named after local businessman and civic official Joseph Hinton.

Industry

It was the first industrial hub and

was known as one of Ottawa's first streetcar suburbs thanks to the Ottawa Electric Railway Company. The railways had been a defining factor of Hintonburg, but in 1870 it was thought they contributed to too much air pol-



lution and obstructed too many roads, so they were shut down.

Commerce

Much like today, Wellington Street served as the commercial hub for the neighbourhood in the mid-to-late 1900s. Giant Tiger purchased a building at 1085

Wellington in 1924 from Hintonburg resident William G. Wilson, who had been using part of it as a real estate office. The farmer's market we see today dates back to 1924, while Elmdale House, which was built in 1909, still operates today. It is said this is one of the few Ontario taverns that has its "Ladies & Escorts" sign still visible on the door.

Street level: What is important to you this election?



I think there needs to be a national (affordable housing) strategy. There hasn't been enough money going into affordable housing for a long time. We need a strategy that works with the provinces and the cities. Cheryl Parrott



We need the federal government to come back to the table in funding affordable housing, in particular the non-profit affordable housing, which remains affordable over a long period of time. Linda Hoad

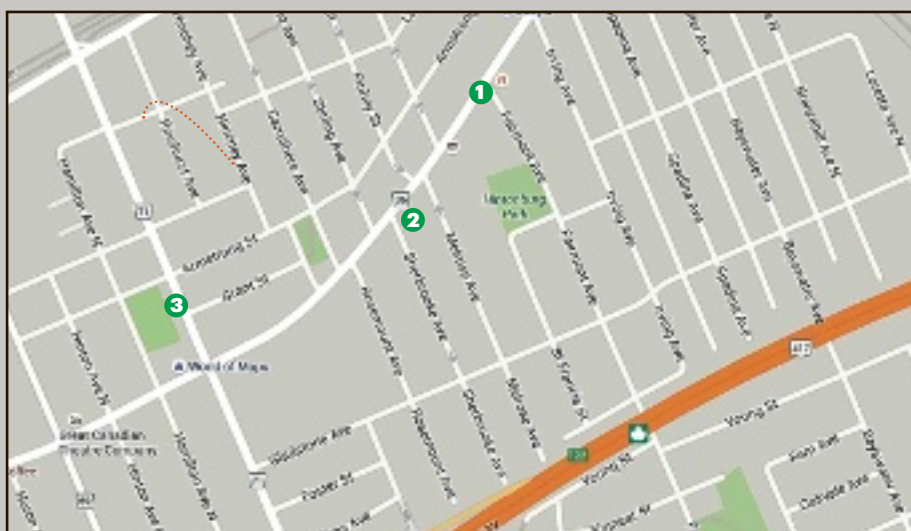


Honesty. I'm following the Duffy trial. I've been upset over the years that there's less and less transparency which I think translates to less and less youth voting. Mike Young



I'd like to see some real issues being addressed like Native issues and the environment. Susie Shapiro

+ QUICK VIEW: Hintonburg



1 This majestic church, located on Fairmont Avenue, celebrated its centennial last year. French Capuchin monks founded St. Francois D'Assise, which has gone through several changes over the years. Its twin bells can be heard each day and it also boasts a pipe organ dating back to 1886.

2 Did you know the Hintonburger used to be a Kentucky Fried Chicken and kept the giant KFC bucket outside for more than a year after moving in? Of course you did. Everybody knows that and everybody knows this Hintonburg staple makes arguably the best burgers in town with local ingredients, too.

3 Another food-related icon is the Parkdale Market, which was the second market to open in the city. It opened in 1924 and has been running ever since. There you'll find shrubs, flowers, and locally grown food like cucumbers, strawberries, and tomatoes from April to October. In winter it transforms into a Christmas market.



New Settlers

For about a century, Hintonburg was home to a large French and Irish Catholic population, but that changed starting in the 1950s as more multicultural settlers arrived. This transformation was marked by the opening of several ethnic restaurants, including Thai, Vietnamese and Iraqi over the years.



Hintonburg today

Development

Even though the neighbourhood has now become one of Ottawa's chic neighbourhoods, it still has the allure of a small town. Hintonburg has benefitted from new condo developments and lower crime rates, making it an ideal place to open a

business. Yet what has remained is its mixed use dwellings that give the neighbourhood its character. Residents can easily walk or bike within the community whether it's to the Rosemont Library branch or to grab a bite at Hintonburger.

Canada's military efforts: Party leaders take a stance

 **ELECTION 2015**

Mulcair wants to pull out; Harper intends to fight on

The Syrian crisis is extracting sharper views from the campaign trail on when and how Canada ought to go to war, and what the country should do to ease the suffering of innocent civilians pouring out of the Middle East.

The foreign policy implications of the violence in Syria and Iraq followed the three federal leaders as their campaigning took them to both coasts and central Canada.

NDP Leader Tom Mulcair was unequivocal that Canadian military personnel would be immediately withdrawn from Iraq and Syria this fall — months earlier than planned — if the NDP wins the Oct. 19 federal election.

Stephen Harper, meanwhile, suggested Canada can and will do more to help Syrian refugees, in the face of mounting public pressure on the Conservative government over the past week.

Harper has been steadfast that

accepting more refugees and sending humanitarian assistance to the displaced people in the Middle East is not enough, and that dealing with the root cause of the problem — taking the military fight to Islamic militants responsible for the carnage — is essential.

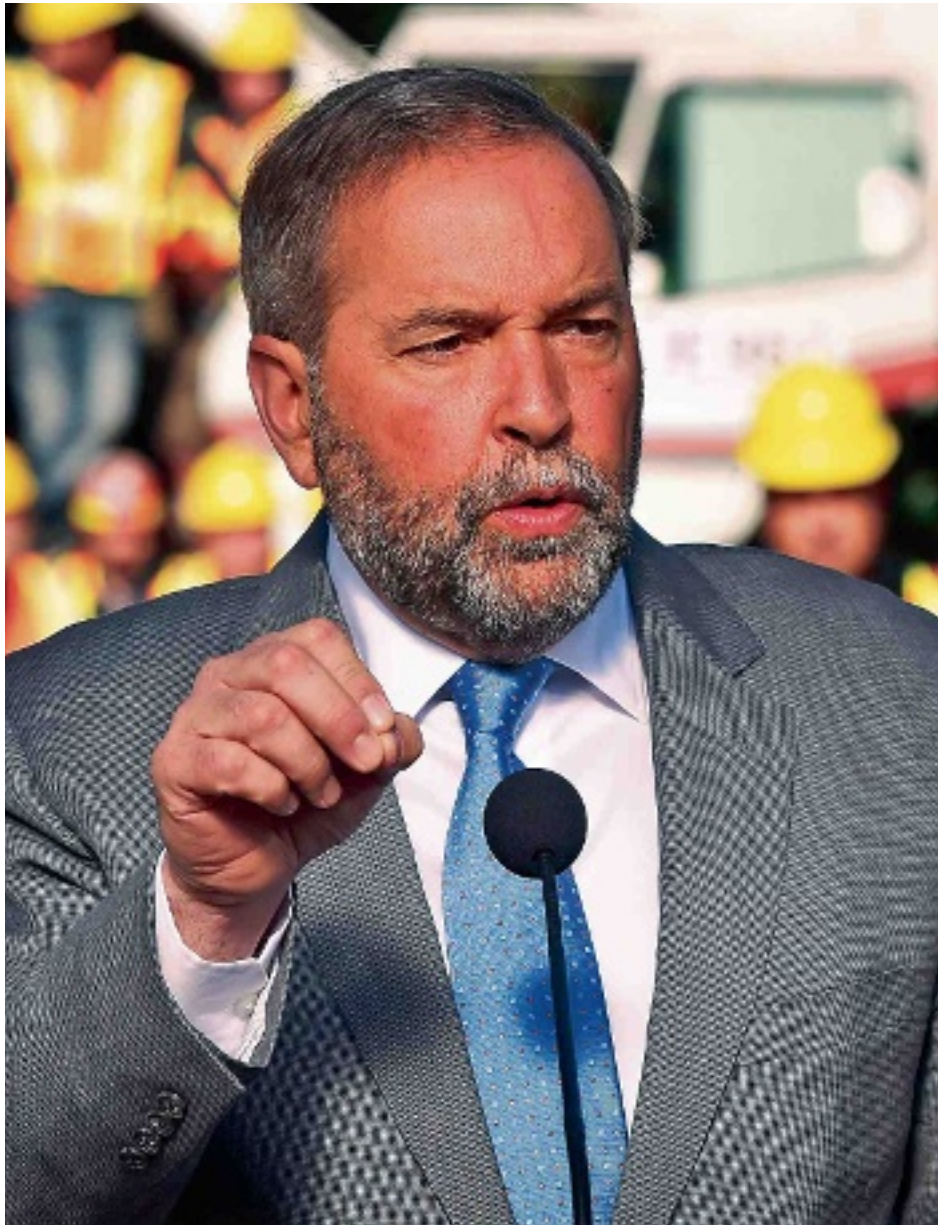
Justin Trudeau pushed the Liberals squarely into the middle ground, arguing that Canada needed to do more to ease the suffering of refugees, but still had to play a role training Iraqi fighters to do battle with Islamic militants.

Canada has a half-dozen fighter jets flying bombing missions in Iraq and Syria, and several dozen special forces military trainers working with Kurdish fighters in Iraq to fight Islamic militants — a commitment that now extends to March.

Mulcair said the mission falls neither under the umbrella of the United Nations nor NATO, and a New Democrat government wants no part of a U.S.-led coalition.

It's a stance that raises questions about the potential future of Canadian foreign policy under what would be the country's first New Democrat government.

THE CANADIAN PRESS



NDP Leader Tom Mulcair speaks to attendees during a campaign stop at The Operating Engineers Training Institute in Winnipeg on Thursday. SEAN KILPATRICK/THE CANADIAN PRESS

ASYLUM

Drowned boy's dad blames Canada

metr The Syrian Crisis
The Tragedy

The father of a three-year-old Syrian boy whose body washed up on a Turkish beach has told a German newspaper that he blames Canadian authorities for the tragedy that also killed his wife and another son.

Abdullah Kurdi told Die Welt that he does not understand why Canada rejected his application for asylum.

Citizenship and Immigration Canada, however, says it received no refugee application from Kurdi, and Tima Kurdi, his sister in Coquitlam, B.C., says she hasn't made one.

CIC did, however, receive an application for Kurdi's brother, Mohammed, but said it was incomplete and did not meet regulatory requirements for proof of refugee status recognition. Tima Kurdi has said that although there was no official application made for Abdullah's asylum, his plight was brought to the attention of Immigration Minister Chris Alexander when her local NDP MP handed over a letter to him in the House of Commons earlier this year.

The Kurdi boys and their mother were among at least 12 migrants, including five children, who drowned Sept. 2 when two boats carrying them to the Greek island of Kos capsized. "Yes, the authorities in Canada, which rejected my application for asylum, even though there were five families who were willing to support us financially," Abdullah Kurdi replied when asked by Die Welt at whom he levelled blame for the tragedy.

THE CANADIAN PRESS



WHERE THE LEADERS ARE FRIDAY



● **Stephen Harper** will be in Victoriaville, Que.

● **Justin Trudeau** will be in North Vancouver and Burnaby, B.C.

● **Tom Mulcair** will be in Edmonton.

● **Elizabeth May** will be in Parksville, B.C.

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South Africa Deputy President Cyril Ramaphosa, left, shakes hands with Steven Tucker at the Maropeng Cradle of Humankind in Magaliesburg, South Africa, Thursday. Tucker and his caving partner made their discovery of Homo naledi Sept. 13, 2013. THEMBA HADEBE/THE ASSOCIATED PRESS

Caver finds new hominid

SOUTH AFRICA

Ancient member of human family tree discovered

Jagged rocks hooked into Steven Tucker's overalls as he squeezed through a crack deep in a subterranean cave. Upon emerging at the other end, he saw he was in a chamber dripping with stalactites. Then his headlamp shone onto a bone. Then more bones, and half of a skull.

It was the night of Sept. 13, 2013, and Tucker and his caving partner had just discovered the remains of what scientists would later determine to be a new member of the human family tree. The announcement of the discovery was made by scientists on Thursday, with Tucker looking on.

Tucker was only trying to get out of fellow caver Rick Hunter's way, inching to the side, on a different intended route when he stepped into the crack in the network of caves known as Rising Star. He'd heard of the crack before, but despite having been down this cave more than 20 times before, he had never noticed it, nor known of any other caver who had ventured down it.

He shone his headlamp down the dark crevice, and couldn't see where it ended. He knew of at least one other caver who also stared down the crack, and de-

cided it was too dangerous. He began to lower himself, feet-first, into the narrow vertical opening.

"It's exciting to find something new," Tucker, now 27, said on Thursday, trying to explain why he took the risk.

Tucker, just wiry enough to fit, followed the crack deeper into the earth for nearly 12 metres.

"It's 18 centimetres wide, with these jagged rocks, sticking into you from all sides. And suddenly at the bottom, it opens up into a large chamber with really stunning stalactites hanging from the ceiling," Tucker said, hunching his shoulders and jutting his elbows out as he re-enacted the descent.

The 50,000-hectare area of hilly grasslands where the two were spelunking is recognized as the Cradle of Humankind, featuring a network of caves that has yielded nearly 40 per cent of known

hominid fossils, according to the University of the Witwatersrand in Johannesburg. But the bones in this particular chamber had apparently remained undiscovered until Tucker entered it.

Inside what is now known as the Dinaledi Chamber, Tucker's headlamp illuminated pure white rock formations. Tucker and Hunter, who also braved the narrow chute, were excited to find new caving terrain. Then they saw the bones scattered on the chamber floor.

"You could see half of a skull sticking out of the floor," Tucker said.

THE ASSOCIATED PRESS



A reconstruction of Homo naledi's face. MARK THIESSEN/NATIONAL GEOGRAPHIC

+ THE FIND

The discovery of an almost complete mandible told cavers Steven Tucker and Rick Hunter that they had found something almost human. A week later they made their way through the cave again, and photographed their find. They sent the photos to geologist Pedro Boshoff, who alerted paleontologist Lee Berger, who went onto become the lead paleontologist on the discovery of Homo naledi.

It was only when the cavers saw Berger's excitement that they realized just how big their discovery was.

At the news conference announcing the discovery of Homo naledi, a potential new member of the human family tree, Tucker was joined by other cavers who volunteered on the excavation for nearly two years. Berger called them "underground astronauts."

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A composite skeleton of Homo naledi surrounded by some of the hundreds of other fossil elements displayed in Magaliesburg, South Africa, Thursday. THEMBA HADEBE/THE ASSOCIATED PRESS

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IN BRIEF

Migration to Greece doubles in four days

The International Organization for Migration says its estimate of the number of Syrians who have arrived in Greece this year has nearly doubled in just the last four days to more than 175,000 people.

The agency attributes the jump to an accelerated influx of Syrians in recent days and a lag by overwhelmed Greek authorities in determining the nationalities of those arriving.

The agency said that a total of 175,375 Syrians have reached Greece this year. Overall, it estimates that 432,761 migrants have crossed the Mediterranean this year.

THE ASSOCIATED PRESS

Europe to blame for crisis, Syrian minister argues

Syria's information minister on Thursday said Europe should bear full responsibility for the flood of Syrian refugees streaming into the continent because of its past policies in backing those fighting to overthrow the government in Damascus.

The minister, Omran al-Zoubi, said the migrants are mostly fleeing areas held by rivals of President Bashar Assad's government. THE ASSOCIATED PRESS

U.S. planning to accept 10,000 Syrian refugees

The United States is making plans to accept 10,000 Syrian refugees in the coming budget year, a significant increase from the 1,500 migrants that have been cleared to resettle in the U.S. since civil war broke out in the Middle Eastern country more than four years ago, the White House said Thursday. THE ASSOCIATED PRESS

Migrants go online before going on road

metr The Syrian Crisis
The World Reacts

Displaced use Internet, phone apps to plan journey

The 26-year-old Syrian economics graduate knew exactly what to do and where to go.

Amr Zaidah, with the aid of GPS, helped pilot the inflatable boat that brought him and about 30 more migrants to the closest spot to the village of Molivos on Lesbos, one of several Greek islands that have this summer served the tens of thousands of migrants as a first stop on the journey to western Europe.

Molivos, he knew, was where buses were taking migrants to the capital of Lesbos, Mytilene, some 50 kilometres to the south. The alternative would be a punishing trek on narrow dirt tracks hugging the coast and lined by olive trees, a stretch of highway and a narrow road that cuts through rolling hills.

At Mytilene, Zaidah also knew, he and the eight friends he came with could seek the official document that allows them to continue their journey. "I have researched our journey for more than two months," said Zaidah, a native of the Syrian city of Aleppo who has worked the past two years as an accountant in Istanbul.

"I used social media networks to look into where to go, who is the best smuggler to hire and what stuff we needed for the trip," he said as he had chocolate cake and coffee at a posh seafront cafe, his sneak-



Refugees check their mobiles aboard a ferry traveling from the northeastern Greek island of Lesbos to the port of Piraeus, Thursday. SANTI PALACIOS/THE ASSOCIATED PRESS

ers still wet from the landing. "I familiarized myself with weather forecasts, wind patterns and how to avoid being conned out of our money by smugglers."

Zaidah is one of the thousands of mostly young Syrians and Iraqis who have been taking advantage of social media networks and smartphone apps to guide their journey across the sea from Turkey and onward to Western Europe.

On one Facebook group, for example, Syrians and others who already made the trip across the Aegean Sea share the names and telephone numbers of good smugglers in Turkey, warn of pitfalls and give other advice.

Called "al-Mushantateen," a play on the Arabic words for "suitcase" and "diaspora,"

"I have researched our journey for more than two months."

Amr Zaidah, 26

the group includes posts by volunteers.

Zaidah and his group already know which border points they will cross, hotels they can stay in and stores where they can get clothes more suitable for the fall weather.

While Zaidah and his friends headed straight to Molivos for the free bus rides, many others set off on the journey to Mytilene on foot under the merciless summer heat.

The social media-savvy

among the migrants are constantly on their phones. They line up outside the offices of mobile providers at Mytilene and buy Greek numbers that allow data and roaming elsewhere in Europe so they can connect to the Facebook and WhatsApp apps they use to communicate with others.

During the sea journey, which can take up to two hours in good weather, they keep their phones in plastic bags to keep them dry. Landing in Lesbos, chanting, "Thanks be to God," the first thing they do is fish their phones out, joyously hug and take group selfies on the shore. Then with the Turkish signal still strong here, they call loved ones back in Turkey, Syria or Iraq, shouting, "We arrived in Greece!"

THE ASSOCIATED PRESS

SYRIA

Russia sending troops

Russia has been sending military forces into Syria in recent days, Israel's defence chief announced Thursday, as Moscow hinted at broader action to bolster President Bashar Assad's embattled army following a string of battlefield losses.

The increased Russian activity in Syria reflects Moscow's concerns that its longtime ally is on the brink of collapse, as well as hopes by President Vladimir Putin that a common battle against Islamic State of Iraq and the Levant extremists can improve Russia's ties with the West, strained over Ukraine.

But the strategy could be risky — and unless Russia sends large numbers of troops, halting the territorial gains made by Islamic militants could prove tough.

Israeli Defence Minister Moshe Yaalon told reporters Thursday that the Russian buildup appears to be limited for the time being. He said military advisers, technicians and security guards have arrived in recent days, with the main goal of setting up an air base near the coastal town of Latakia that could be used to stage strikes on Islamic State fighters.

"As far as we understand, at this stage we are talking about a limited force that includes advisers, a security team and preparations for operating planes and combat helicopters."

The claim was the latest indication of a Russian military buildup in Syria that has raised U.S. and NATO concerns.

The United States and its allies see Assad as the cause of the Syrian crisis, which has claimed more than 250,000 lives in over four years of fighting, and Washington has warned Moscow against beefing up its presence.

THE ASSOCIATED PRESS

URUGUAY

Refugees seeking to move on

After giving them sanctuary last year, Uruguay will now help a group of Syrian refugees reach another country, President Tabare Vazquez said Thursday.

The South American nation welcomed the 42 refugees fleeing Syria's civil war in October 2014. But they've been protesting outside the presidency since Monday, demanding authorities help them leave for other countries.

They say Uruguay is too expensive and they have little economic opportunity there.

Vazquez said Uruguay has reached out to Lebanon because that's where the refugees would like to go. Since Lebanon is not willing to welcome them, his government is asking the five Syrian families to choose another country.

"Uruguay is going to do everything it can for the Syrians," Vazquez said.

"We proposed to them that they freely choose the country where they want to go, and the government will talk with that country's authorities to see if they want to welcome them."

Vazquez denied claims by some of the refugees who said they were tricked or that Uruguay promised more than it could deliver.

He said Uruguay "clearly stated the conditions" before they arrived.

The refugees lack passports from their home country, and cannot get Uruguayan ones because they are not citizens. Uruguay has provided them with local IDs and travel documents, but not all countries recognize them.

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Creating bold new worlds

NINTENDO

Super Mario Maker lets fans design, share their own levels

Of all the obstacles Super Mario has faced in three decades as a video-game superstar, perhaps the biggest has been challenging level design.

The famous plumber has rocketed through the clouds, faced the dangers of the deep and traversed fiery caves in his ceaseless quest to rescue Princess Peach from the clutches of the bellicose Bowser.

Now gamers themselves can see how they stack up with Nintendo's developers with Super Mario Maker, out Friday for the Wii U to coincide with Super Mario's 30th anniversary. The game's toolbox has

plenty to get new players started as they construct their levels. Players can easily choose where to put enemies, power-ups and traps, and more elements become available over time.

No matter when you got into Super Mario's adventures, there will be something to suit your tastes. You can make levels based on the 1985 original, or plot a course with the polished HD visuals of the Wii U's New Super Mario Bros.

You will want your levels to be as polished as possible, of course, before submitting them to a jury of your peers. The game's "course world" lets players share their levels online, as well as play and rate courses designed by others.

The game retails on Nintendo's eShop for \$69.99, which some may argue is high for what is essentially a level editor, even if it's a very good one.

THE CANADIAN PRESS



Players get a sneak peek at the game during E3, an annual gaming convention, in June. Nintendo's newest title was released today for its Wii U console to commemorate the title character's 30-year anniversary. FREDERIC J. BROWN/AFP/GETTY IMAGES

ONLINE PRIVACY

Microsoft criticized over Windows 10

Microsoft's new Windows 10 operating system has been praised for improving upon the flaws of its predecessor, but the company is facing widespread criticism for what some are calling invasive data collection.

Under its default privacy settings, Windows 10 tracks the way users type, what applications they use, their browsing history and other personal data.

Windows 10 also sends a weekly "activity update" on children's web browsing and computer history to their parents. Some parents have publicly described receiving those emails from Microsoft as "creepy."

Users have to actively turn off

the features to stop the tracking.

Some experts argue that personal information is the new currency of the digital age.

"Most people see a free service like Facebook or Twitter and they assume that it has absolutely no strings attached," said technology analyst Carmi Levy.

Microsoft is offering Windows 10 as a no-cost upgrade for many of its users, yet Levy says there's no such thing as a free launch.

"We pay with our data, we pay with our personal information," he said, adding most tracking is benign and can improve the user experience by remembering individualized settings.

THE CANADIAN PRESS



Users running the operating system on computers like these Acer laptops are concerned about the access Microsoft has to their data and browsing history. RAINER JENSEN/THE ASSOCIATED PRESS

IN BRIEF

Weakened loonie forces Dollarama to raise prices

Dollarama says the weaker Canadian dollar is forcing it to raise prices and could lead the discount retailer to increase its current price threshold from \$3 to \$4.

"The probability is in the third and fourth quarter of next year, we'll have to move our price points up," CEO Larry Rossy said Thursday. "We like to maintain our prices as long as we can, but this is really an exceptional time where the Canadian dollar has gone so poorly against the U.S. dollar." THE CANADIAN PRESS

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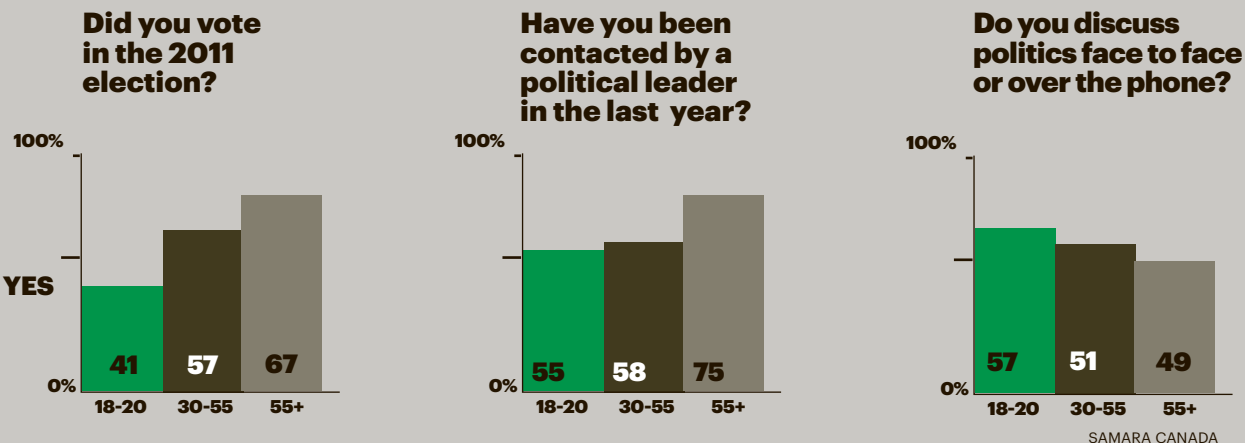
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metro's election explainer

Why don't young people vote?

For years, we've been hearing about **apathetic, disengaged** youth who don't bother to vote. But new evidence suggests we shouldn't use those two descriptors interchangeably: Though people under 30 vote at much lower rates, they're more likely than older adults to participate in political activities such as attending public meetings, signing petitions or protesting for a cause. All of these are arguably more work than getting to the ballot box. So what gives? Politicians and campaign volunteers, says the non-profit Samara Canada, aren't getting in touch with young people, in part because traditional methods — mailed pamphlets and landline calls — don't work well for cellphone-using serial subletters. But if the parties don't believe young people want to talk politics, they're likely less motivated to try. And they're missing out: According to Statistics Canada, youth turnout increases by an average of 15 percentage points among those who were contacted by campaigners.



The **election explainer** is dedicated to keeping urban Canadians informed ahead of the Oct. 19 vote. Look for it in this space throughout the campaign. Let us know what needs explaining: readers@metronews.ca

THE KOHLER REPORT: ON THE EVIL MAGIC OF MIRRORS



Sometimes I look at myself and see an OK-looking youngish woman; sometimes I see a bag of garbage.

You know that drawing they show you at school that's either an old lady or a young woman, depending on how you look at it? I'm sad to report that I am that drawing.

Sometimes I look at myself and see an OK-looking youngish woman; sometimes I see a bag of garbage who clearly needs a nap.

My confusion is not emotional; it's technical. It has little to do with self-esteem and everything to do with what mirror I'm looking in. It's amazing how a mirror can make or break my day.

I was shopping for clothes the other day at a store whose name rhymes with

The Pap (I chose "Pap" because my experience there was barely more enjoyable than undergoing a medical exam that rhymes with tap fear). As I got undressed in the change room, I became startled when I saw that a haggard woman with cellulite on her face was also getting undressed in the change room. I was about to call security ("Have this beast removed!") when I realized that woman was me.

How could this be? I'd left my house a fresh-faced, dewy-lipped vixen and wound up a meth-head with under-eye bags packed for a camping trip. This was a

case of good lighting versus bad lighting. At home I've rigged it so that I have light coming from both sides of my mirror; meanwhile, fitting rooms at The Pap employ the diffuse overhead lighting of a hospital cafeteria.

Needless to say, I didn't buy anything. It's amazing to me that a major chain store hasn't done everything they can to show you your best self while wearing their garments. It's hard to feel good in a blouse when it looks like you're coming down with the plague.

On the flip side, there's a less-than-great bar I used to

suggest to prospective dates because the bathroom lighting made me look I'd just gotten back from a sunny vacation and finished a cleanse. As bad as bad lighting can be, good lighting can erase wrinkles, zits and bags, acting like White Out for the skin.

Here's the question I struggle with: Which mirror should I believe? If I'm to believe the windows on the subway, or most elevator mirrors, then I'd might as well stop going out in public. It's too bad we don't have a more consistent representation of our appearances.

I imagine I lie somewhere between the meth-head and the tanned, wrinkle-free woman. And I guess I can live with that because I don't have much choice.

Rebecca Kohler is a standup comic, writer, actor, gymnast, lawyer and chemist. (Some of this isn't true.) Follow her on Twitter @becca_kohler.



Should we kick out the Queen? Visit metronews.ca to answer our poll.

ROSEMARY WESTWOOD

metroview

Unless I'm leaning into your neck, the best scent is no scent

My mum doesn't often wear perfume, but when she does, it is Fendi.

The smell — more spicy than sweet — conjures floral silk scarves and dark pews of a church.

I'd forgotten that until yesterday, when a colleague piped up in a conversation on the uselessness of cologne. "I like having a signature scent," she said, contrarily.

And mum came to mind. A signature scent, my colleague went on, is not about just anyone smelling you. The era of boutique fragrances with names like Victory Wolf and Realism is about a unique scent that's intended only for you, or someone entering your personal space. These aren't the CK One high-school-dance days.

I'd been saying that cologne should be banned. Or that no one should want to wear it. It's like the thick and unappetizing icing on supermarket cakes that everyone avoids.

If, as happened recently, I have to move seats in a café because a man with an overbearing stench has sat down next to me, he might as well have terrible body odour. The positive outcome he's looking for (to smell enticing) ends up being a severe negative (he smells horrible). I have to move, and he comes off smelling desperate. Olfactory sleaze. What's the point of

wearing the stuff, when it is, to quote another colleague, a social net negative?

Unless I'm leaning into your neck, the best scent is no scent at all.

And while I've been known to like lavender oil, I still think, in that personal space, all perfumes and colognes pale compared to a person's natural smell. It's always been one of the sexiest things about any man I've dated. I even prefer the tang of sweat. The smell of a body brings up the image of the body, and what could be more enticing?

I've even used cologne to separate the men I'd be happy to date from those I would avoid. And I don't wear any scent.

In words often attributed to Coco Chanel, we hear, "A woman who doesn't wear perfume has no future."

As badly as that may bode for me, the opposite is true for a man who wears too much. Smell is about memory. It's about desires and associations — all of which can be good or bad. My colleague even changes her perfumes from time to time and can't go back to the old ones, entwined as they are with the places she used to live, the person she used to be.

I may have no future, but the anxiously over-perfumed man has no date.

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A FRIEND IN
POWER IS A
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The day TIFF stood still

REMEMBERING 9-11

Art prevailed over terror in a dark moment of festival history

Richard Crouse

For Metro Canada



Like millions of people I remember exactly what I was doing the morning of Tuesday, Sept. 11, 2001.

When the first plane hit the World Trade Center I was walking down Bloor Street in Toronto, on my way to the Inter-Continental hotel to do a day of Toronto International Film Festival coverage.

I didn't register anything unusual in the air until I got to the hotel. People on the street may have been walking and talking a bit faster, acting a bit more animated than usual, but not so that I noticed.

Entering the hotel was a different story. The halls were eerily silent.

What was usually a cheery beehive of activity with camera crews, stressed publicists and actors roaming around, was now quiet, still.

At 9 a.m. I walked into our makeshift interview suite on the third floor just as the second plane hit. My crew were sitting around the television. Sobs from the rooms next to ours broke the stunned silence.



People attend a memorial on Sept. 11, 2013, as the 'Tribute in Light' shines from the Manhattan skyline next to One World Trade Center. GETTY IMAGES

What the hell was going on?

What was going on was a change in all our lives; a new era where the unthinkable became possible.

It was a confusing day. With no details we, like many others, pressed on with the

business at hand.

David Lynch came and went, smoking American Spirits and chatting about his film Mulholland Drive.

A handful of others walked the halls, unsure of what else to do, keeping previously scheduled interview slots.

When I mentioned to New York actress Adrienne Shelly that I couldn't reach my girlfriend, who was living in Manhattan, she loaned me her cellphone.

"For some reason it seems to get through," she said.

It did, and after a quick

call to make sure she was safe, the full impact of what had just happened sunk in. Sometimes the small stuff, the personal things — like the anxious voice at the other end of the line — help you understand the magnitude of a grim situation.

We cancelled the rest of the day but I stayed put, talking to my hotel neighbours, most of whom were Americans, many from New York.

There were hugs, tears and bafflement in equal measure. TIFF elected to cancel many of the day's events and tone down the glitz for the rest of the festival.

But the show would go on and in that moment art won over terror.

What we began to hear were stories from New York filmmakers who, with all flights cancelled to and from the city, were loading cans of film into their cars and driving to the festival.


It wasn't about vanity and it wasn't about ego.

It was about filmmakers, the storytellers of our times, the people who document our lives, not being silenced.

The rest of the festival was a sombre affair but there was a steeliness uncommon at the usually glitzy event. We gathered, watched films, communicated and healed, sending a message that the uncertainty of the times would not prevent us from expressing ourselves, from sharing stories.


Fourteen years later I think back to those days and realize that terror didn't win on 9/11.

As long as we don't allow ourselves to go silent, as long as we breathe life into our stories and experiences on film and elsewhere, we won't and can't live in fear.



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PROFILE

Oscar buzz and projects aplenty have Bel Powley busy

Steve Gow
For Metro Canada



Bel Powley may not be a household name quite yet, but there's surely no doubt that the English actress may soon be.

When her acclaimed drama *The Diary of a Teenage Girl* premiered at this year's Sundance Film Festival, it quickly thrust Powley into the spotlight as one of cinema's hottest rising stars — and no less than five forthcoming movie projects almost immediately fell into her lap.

"I think it's important to just ride the wave," offered Powley of her skyrocketing success recently.

But simply "riding the wave" may prove more difficult than it seems for the 23-year-old talent.

With her breakout at Sundance and an esteemed award from the Niagara Film Fest now decorating her mantle, there's early pressure mount-



GETTY IMAGES

ing for a possible Oscar nomination.

Instead, Powley prefers to concentrate on what compelled her to portray a young girl drawn into an affair with her mother's 35-year-old boy-

friend in the first place — filmmaker Marielle Heller's fresh take on teenage female sexuality.

"When I was growing up, I felt really underrepresented in the movies I was watch-

ing," said Powley — insisting cinema has traditionally focused more on male issues of teenage sexuality.

"It's been easier for the patriarchy of Hollywood to make movies about men hav-

ing sex because we teach our daughters that your virginity is something that you should guard; that boys are going to come and take it away from you."

Based on a graphic novel,

STATUS QUO

Pushing for change

Powley offers her own theory for why Hollywood seems to have an aversion to female sexuality. "I think our society is afraid of teenage girls. It's a vicious cycle where we're afraid to talk about it," she said. "Hopefully with this movie, things will start to change."

STEVE GOW/METRO

The Diary of a Teenage Girl instead empowers its young protagonist which, in turn, gave Powley a chance to act brazenly unguarded on-camera.

The actress was certainly courageous to spend much of the movie naked — both emotionally and physically — but it was getting into the mind of a teenager that proved the most daunting challenge.

"I thought about myself and how I felt when I was a teenager," admitted Powley. "Tapping back into how extreme you feel when you're a teenager (and) with that, tapping back into the way you hold yourself when you're a teenager. Your body is changing so rapidly. There are times when you feel like Bambi just learning to walk."

SOCIAL CHANGE

LGBT issues get reel time

Ellen Page was first approached about the true-life gay rights drama *Freeheld* when she was 21, just coming off her breakthrough in *Juno*. It was seven years before the U.S. Supreme Court ruled that same-sex marriage is a right, and six before Page, herself, came out.

"It really did align with an internal process I was going through with my own identity, with my own struggles of being closeted," says Page of *Freeheld*. "It's lovely to be part of a film that's reflecting upon why we need the Supreme Court ruling and why we need to continue to strive to equality. I think the film is reflecting a time when that change is happening."

As much as change is in the

air in 2015, it's also on the screen. Though Hollywood's track record when it comes to telling the stories of LGBT lives is far from gleaming, this fall season boasts one of the richest and most varied batch of films yet to dramatize the struggles of gay and transgendered people.

Freeheld (in theatres Oct. 2) is about Laurel Hester (Julianne Moore) and her domestic partner, Stacie Andree (Page). When Hester, an Ocean County, N.J. police officer, began dying of terminal lung cancer in 2005, she appealed to the county Board of Freeholders to allow her pension to go to Andree. Though it would have been automatic for a married couple, the board initially refused.

Todd Haynes' *Carol* (out Nov. 20), based on Patricia Highsmith's novel, is about the illicit love affair between two women (Cate Blanchett, Rooney Mara) in the conservative 1950s. A lushly detailed period film, thick with an atmosphere of socially enforced repression, the film rides a wave of praise from the Cannes Film Festival, where Mara shared in the best actress award.

Also in November is *The Danish Girl*, directed by Tom Hooper (*The King's Speech*). Based on the 1920s Copenhagen novel by David Ebershoff and starring Eddie Redmayne, it's a fictionalized account of Lili Elbe, among the first to undergo sex reassignment surgery.

In a year marked by significant advancement for gay rights, many, like Page, are buoyed by the upswing in this fall's films — a crop of movies that add more lesbian and transgender stories to the indelible, but largely male movies (*Philadelphia*, *Milk*, *Brokeback Mountain*) that have come before.

"I wish there were more gay stories and I do think that that's happening," she says. "That does seem like something that's getting a lot stronger, thankfully — a voice that's getting stronger, a community that's getting stronger."

THE ASSOCIATED PRESS



Rooney Mara and Cate Blanchett star in *Carol*, one of many films this fall that dramatize the struggles of gay and transgendered people. CONTRIBUTED

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Just for laughs Live

Indie rock gets mocked

THE PLATEAUS

Meet the most ridiculous band since Spinal Tap

Brian Gasperek
For Metro Canada



Spinal Tap was one of the most hilarious rock 'n' roll parody bands to ever grace our screens.

It was a fictitious rock group that spoofed the very real ridiculousness that is the music industry. This fall we're getting introduced to the next generation of great buffoon rockers lost in an industry of absurdity, The Plateaus.

The Plateaus is a CBC.ca comedy series created by and starring Schitt's Creek's Annie Murphy along with actors/writers Matt Raudsepp and Kyle Gatehouse.

The series follows a perfectly clichéd indie rock band that's hovering at the brink of success after releasing an infectious hit single.

In a moment of rock 'n' roll irony, the band loses its self-indulgent but talented lead singer to a freak guitar-shredding accident.

Despite possessing zero talent, the clueless trio of remaining members refuses to fall off their path to superstardom. Rock 'n' roll ridiculousness ensues.

"Five or six years ago when I was an unemployed actress in Montreal, I ended up touring around with my husband's band a lot," explains Murphy.

"There were too many instances of heated band arguments about outrageous things like who would be the best tight rope walker and so many encounters with these crazy industry people that took themselves so, so seriously. I started writing down all those instances and came up with the idea for this show."

As the series' dim-witted leads, Murphy, Raudsepp and Gatehouse are far from alone in all of their humorous misadventures as The Plateaus.

The ten episodes each feature a whack of bizarrely eccentric industry players played by a well curated supporting cast

that includes Kevin MacDonal, Eric Peterson, a Popular Mechanics For Kids reunion of Jay Baruchel, Elisha Cuthbert and Tyler Kyte and of course Montreal rocker Sam Roberts who plays an epically sleazy label exec.

"We dressed Sam in pleather pants, snake skin shoes, a Michael Vick jersey and diamond studs, and he said 'Guys! I've never felt so good. I feel like a real a-hole!'" jokes Murphy.

"We had some very cool people who were willing to go out on a limb and joke around. It was an amazing cast that we drummed up."

Murphy even managed to recruit beloved Canadian children's performer Fred Penner to play The Plateau's landlord, a series highlight.

"I met him at a Pop Montreal show and I've never been so flustered to meet someone before," gushes Murphy. "I asked him to be in my web series and instead of him saying 'no, I'm Fred Penner you idiot,' he was like 'that sounds absolutely lovely. Here's my email address.'"

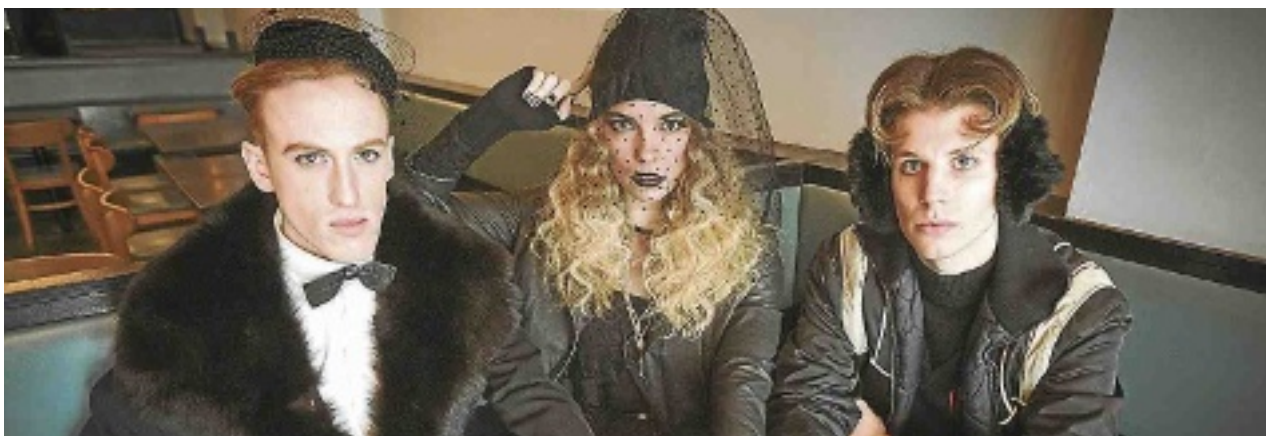
"I hope the series makes people laugh," says Murphy of her personal project that has been five years in the making.

"I hope people are happy to see a few familiar faces acting differently then they normally do, and I hope it brings some pleasure into their lives for a few minutes, as corny as that may sound."

The Plateaus is now streaming on cbc.ca/plateaus.



The show features a reunion of the Popular Mechanics For Kids cast. CONTRIBUTED



The Plateaus follows a perfectly clichéd indie rock band that's hovering at the brink of success. HANDOUT

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Just for laughs Live



A hologram will immortalize Billie Holiday. THE ASSOCIATED PRESS

NEW YORK

Billie Holiday to sing as a hologram

The Apollo Theater will launch a hologram of Billie Holiday later this year.

The theatre, based in Harlem, New York, said this week the likeness of the late musical icon will be developed by Hologram USA. The launch of the hologram is to boost Apollo's daytime programming. It will be available for viewing during the theatre's daytime tours.

The Apollo's nighttime programming includes "Amateur Night" and "Apollo Music Cafe."

Holiday, who made her debut at the Apollo when she was 19, appeared at the famed venue nearly 30 times. She was born in Philadelphia and died in 1959 in New York City at age 44.

She was inducted into Apollo's Walk of Fame earlier this year. THE ASSOCIATED PRESS



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Abel Tesfaye, a.k.a. The Weeknd is having a superstar moment. GETTY IMAGES

The Weeknd has arrived

CANADIAN MUSIC

Toronto R&B star's latest album is a No. 1 Billboard hit

Abel Tesfaye's alt-R&B, pop-leaning *Beauty Behind the Madness* was certified as the No. 1 album in North America by Billboard this past weekend.

With Nielsen Music reporting 412,000 records sold, *Beauty Behind the Madness* had the second-best first week sales of 2015, trailing only *If You're Reading This It's Too Late* by compatriot Drake.

Former Universal Music Canada president and CEO Randy Lennox signed Tesfaye to a record deal almost exactly three years ago, when he had already built a devoted following with three pitch-black mixtapes that formed the most depressing trilogy this side of Lars von Trier. Lennox, now president of entertainment production and broadcasting at Bell Media, recently talked about Tesfaye's pop ascent.

Do you remember the first time you heard Abel?

He had a mixtape out called *House of Balloons* that absolutely was magnificent. His manager, Tony Sal, and I had been chatting about my admiration for Abel. And the U.S. labels were all coming up here.

What did you make of Abel on a personal level?

He is incredibly bright. Authentically shy — that is real. And even his personality now, as he breaks, he's still a very, very humble young man. Not overwhelmed, incidentally. Just riding this and having the time of his life.

Did you foresee how much mainstream potential he'd have?

It was always about the music. He just has good taste. His sense of melody, his stunning voice, and his cool look is a triple threat.

For a long time he refused to do interviews, and some of us viewed that as a tactic to cultivate mystery. What did you make of it?

It was entirely his vision. His vision was: "Let my music speak for me. They can get to know me later." THE CANADIAN PRESS

Hot off the grill

Gordon Ramsay, Tom Aikens and April Bloomfield are among a number of Michelin-starred chefs who will be particularly busy this fall. Ramsay and Aikens are each planning dual openings in Dubai and Hong Kong, while Bloomfield is all about burgers in The Big Apple. Check out some of the most highly anticipated restaurant openings around the world. **AFP**

1 New York

Salvation Burger, by April Bloomfield

News that Bloomfield would be opening a restaurant dedicated to burgers has had New Yorkers salivating, given her reputation as the burger queen for her Roquefort-topped burger at The Spotted Pig, a sandwich that enjoys mythical status in the city. You can imagine the excitement once news let out that the chef would be opening a burger joint in similar vein to her Salvation Taco, which has already taken up residence in the Pod Hotel. Burger patties will be cooked over a wood fire. The restaurant will also serve vegetarian, chicken and fish burgers and homemade hot dogs. (October)

Momosan Ramen & Sake, by Masaharu Morimoto

New York's simmering love affair with ramen is about to heat up with the opening of a new Japanese noodle soup restaurant helmed by the Iron Chef Morimoto. Ramen noodles will be suspended in either pork bone or chicken broth, which can be washed down with an extensive sake menu. (October)

2 London



Les 110 de Taillevent

Michelin-starred Paris restaurant Taillevent is expanding to London at Cavendish Square, where it will open Les 110 de Taillevent, which will serve contemporary and seasonal French dishes. The 110 refers to the number of wines available by the glass. Like its Parisian predecessor, the London outpost is expected to offer four wines for each course in meticulously chosen pairings. (September)

The Fat Duck, by Heston Blumenthal

After a six-month stint in Australia, during which time his flagship Michelin-starred restaurant The Fat Duck underwent major renovations, British celebrity chef Heston Blumenthal will be reopening the iconic restaurant under a new theme: childhood. Diners will be sent on a culinary journey down memory lane, with a multi-sensory menu that evokes everything from nostalgic, retro breakfast cereals, Alice in Wonderland and nursery rhymes. (Sept. 29)



BEN STANSALL/AFP

3 Dubai

Bread Street Kitchen, by Gordon Ramsay

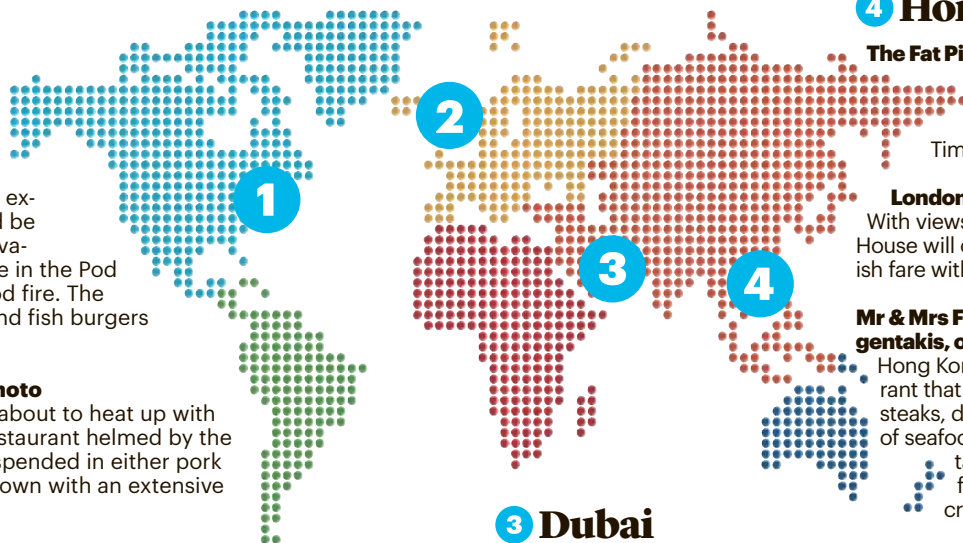
Celebrity chef Ramsay announced in June plans to take up residence at the luxury Atlantis, The Palm Hotel in Dubai. Ramsay brings his popular London restaurant Bread Street Kitchen to the Middle East, an international menu featuring dishes like roasted cod with potatoes, artichoke, salted capers, and red wine and lemon sauce; tamarind spiced chicken wings; and duck breast with potatoes and cabbage puree. (Fall)

Pots, Pans and Boards, by Tom Aikens

After shuttering his eponymously named London restaurant that launched Aikens to fame, the chef has set his sights abroad, with concurrent projects in Dubai and Hong Kong. In Dubai, Pots, Pans and Boards, named after Aikens' memories of clanging pots in the family kitchen, will be a casual eatery serving English, Mediterranean and French dishes. (September)



PRNEWSFOTO/GORDONRAMSAYGROUP



4 Hong Kong

The Fat Pig, by Tom Aikens

As its name suggests, Aikens' second Hong Kong restaurant, after The Pawn, will feature all things porcine on the menu. It will open at the Times Square space at Causeway Bay. (November)

London House, by Gordon Ramsay

With views over the Victoria Harbour, Ramsay's London House will offer two levels of dining and serve distinctly British fare with an extensive beer and wine menu. (September)

Mr & Mrs Fox, by Swire Restaurants and chef Joey Sargentakis, of Cafe Gray Deluxe

Hong Kong is getting a swanky new surf and turf restaurant that will serve premium cuts of Australian Angus steaks, dry-aged in-house for 28 days, as well as a variety of seafood. Located at Taikoo Place Apartments, the restaurant spans three floors with a seating capacity for 250 diners, and will also feature an in-house craft beerhouse. (Opened Sept. 7)

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Theft-proof your trip with these tips

ON THE MOVE

Protect your belongings at the hotel and on the go

**Loren
Christie**
For Metro Canada



Nothing can ruin a travel adventure quicker than having your money or personal possessions stolen. Following are some top tactical tips to avoid travel theft.

Credit card

Before you leave on vacation call your credit card company to let them know you are travelling. They can flag your card for any unusual or potentially fraudulent charges and put a stop to the fraud before it starts.

At the hotel

The public and transient nature of a hotel make it an attractive place to commit petty crime so be smart. Safes have become fairly commonplace but it is worth asking if your hotel has in-room safes when making your guestroom reservation. If they do, use them.

If you are travelling alone also ask for a room close to the elevator. Do not answer the door to an unexpected guest. If they claim to be a hotel employee, call the front desk to verify. Use the "Do Not Disturb" sign if you want strangers to think



Nanjing Road, Shanghai's busiest shopping street. Large gatherings give pickpockets the opportunity to blend into crowds, but there are ways you can reduce your risk. ISTOCK

you are in-house and leave the closets and bathroom door open when you leave.

Crowd control

Avoid large gatherings. Whether it is a celebration, rally or protest, pickpockets like to blend into chaotic crowds as they search for unsuspecting tourists.

Consider purchasing a travel-safe purse with a "slash-proof" strap. There are also purses and wallets equipped with anti-scan pockets to assist you in fending off tech-savvy criminals who try and scan your credit card information.

Outer appearances

A recent survey from The Divine Destination Collection, Canada's curator of unique luxury travel adventures, found that its upscale clientele strongly

believed that leaving the bling at home is the key to avoiding theft on vacation. Of the respondents, 76.6 per cent do not travel wearing valuable clothing, watches or jewelry, and 36.67 per cent admitted that they actually dress down while on vacation.

Party smart

Be wary of new friends. Without a doubt meeting people is one of the best parts of travelling, but not everyone has your best interests at heart. Keep conversations light and do not offer up any personal information, such as where you are staying or your cabin number if you happen to be on a cruise.

Also make sure to drink responsibly. It's fine to let your hair down on vacation but you always want to be in control and aware of your surroundings.

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CityFolk is moving to a new home this year — the Great Lawn at Lansdowne Park from Sept. 16-20. STEVE GERECKE PHOTO

New name, same focus

NICHE PROGRAM

City's folk festival moving to the Great Lawn at Lansdowne


Steve Collins
For Metro

The Ottawa Folk Festival gets a new name (CityFolk) and a new home at Lansdowne Park, a move organizers have been planning since early in the park's redevelopment.

"The completion of Lansdowne now has resulted in a fantastic festival venue, centred on the Great Lawn," said festival artistic director Mark Monahan.

"That was always in the back

of our minds that that would be a great place to locate and I think the size of the festival that CityFolk is, is perfect for that."

The festival welcomed a record 50,000 attendees last year, and Monahan expects numbers to grow this year, thanks to the more accessible venue. This year's lineup shouldn't hurt matters, either.

"People obviously are focused on Van Morrison, but I think if you look at some of the acts we have, like Of Monsters and Men, Avett Brothers, there's a lot of great acts that

rarely come to town and are great festival shows. We're trying to look at CityFolk as a different event from Bluesfest and try to feature more of a niche program, not as hard-edged."

All performances this year will move indoors at 10 p.m.

"It's partly out of consideration for the neighbours, but also out of consideration for the time of year," Monahan said.

"We looked at things that are going on (at Lansdowne) in the fall, things like football and other events outside."

It's the bustle of the redeveloped Lansdowne Park, and loads of free programming like CityFolk's new Marvest concert series, that Monahan is counting on to boost attendance.

"There's so much to do at

+ HEADLINERS

CityFolk runs Sept. 16-20 on the Great Lawn at Lansdowne Park. This year's headliners include UB40, The Tubes, The Avett Brothers, The Sheepdogs, Van Morrison, Of Monsters and Men, and Wilco. Tickets range from \$45-\$60 for a single-day pass. For more, please visit cityfolkfestival.com.

Lansdowne. It's becoming a gathering place for people, and in keeping with that, why not offer something that a casual fan might decide to come out to without necessarily having to buy a ticket."



Van Morrison. GETTY IMAGES



Of Monsters and Men. GETTY IMAGES



Jeff Tweedy and Wilco. GETTY IMAGES

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Jenn Grant's latest album, *Compostela*, was nominated for two Juno Awards. DEEDEE MORRIS PHOTO

Jenn Grant's latest album features many colleagues

Jen Traplin
For Metro

Folk pop singer-songwriter Jenn Grant's knack for collaborating has never been more apparent than on her latest album, *Compostela*, for which she enlisted the help of a number of friends and colleagues.

Compostela features nearly a dozen other artists, including Sarah Harmer, Buck 65, Justin Rutledge, Doug Paisley and Ron Sexsmith, to name a few.

Grant says even though the process included a number of moving parts, it all came together quite organically.

"I think, with music, if it doesn't feel like it's going to work naturally then I don't really continue," she said, adding that one song in particular spurred the whole idea.

"We had recorded a lot of the songs up to a listenable point for other people and that's when I was listening to the song Trailer Park and I just started hearing Sarah Harmer's voice and I think it all kind of stemmed from that. I got excited and I wanted a lot of people on the album."

Grant feels it's important to leave herself open to potential

+ ON STAGE

When: Sept. 18 at 8 p.m.
Where: Ravenlaw Stage, CityFolk, Lansdowne Park

musical collaborations, saying you never know what kind of relationships may form.

"I think it's kind of the way the music community works."

"Just having played a lot of festivals this summer — we were in Edmonton, Vancouver, Calgary — we did a lot of workshops with some really amazing musical heroes of mine and we did a lot of collaborations together just at those workshops. Those shows were really magical and it was really exciting."

Grant's main collaborative musical partner, though, is also her partner in life — her husband and producer Daniel Ledwell. The pair have worked together on Grant's last five releases and plan to continue for years to come.

"We're definitely going to be collaborating more in the future," she said, adding the pair are working on a lot of new stuff together at their home studio outside of Halifax.

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The Lionlys are one of the featured performers for this year's CityFolk Marvest series. CONTRIBUTED

Crashing the scene like a Monster

Jen
Traplin
For Metro

Few bands these days experience the meteoric rise to international praise and recognition like indie folkers Of Monsters and Men.

Their 2011 debut album, *My Head Is An Animal*, reached No. 1 in the band's native Iceland, as well as in the United States, Australia and Ireland.

That eventually led to an appearance on *Saturday Night Live*, features on the soundtracks for the films *The Secret Life Of Walter Mitty*, and *The Hunger Games: Catching Fire*, as well as gigs at some of the world's biggest and best festivals.

While all of that could create a certain amount of outside pressure, Of Monsters and Men co-singer and guitarist Ragnar (Raggi) Þórhallsson said when it came time

to record *Beneath The Skin*, the follow-up to their massive debut album, the group wasn't trying to prove anything to anyone.

"We didn't really discuss making a statement or what this album should be from an outside perspective or anything like that. It was just a natural album for us to make. We just went into our own little world together," he said, adding the band's shared experiences over the last few years

have strengthened their bond

"We've probably grown up more in the last three or four years than we have our entire lives. We know each other a lot better now and we've grown up together and I think it shows. We're a tight group of friends."

Of Monsters and Men will play the Telus Stage at CityFolk on Sept. 19 at 8:30 p.m. Tickets are available through Capital Tickets. For more, visit cityfolkfestival.com.

Enjoy your bountiful Marvest

Steve
Collins
For Metro

So what's a Marvest, anyway? Metro went right to the source and asked Mark Monahan, executive and artistic director of CityFolk.

"It is a new word that we've invented, especially for this event," he said. "And I guess the quick definition is that it's a musical harvest."

What it means is that CityFolk won't be staying put at Lansdowne Park, with concerts popping up both at regular Bank Street music venues like House of Targ and Irene's Pub, as well as some surprising locales, such as Kunststadt Sports, Black Squirrel Books or Wild Oat Bakery.

Marvest, Monahan said, is what happens when the folk festival's existing free programming combines forces with its new home at Lansdowne.

"We started a couple of years ago at Hog's Back, having a free side to the festival and came up with the notion that there could be a lot of free events that would draw more people out and maybe complement the paid side, and this is sort of an extension of that."

"One thing we're trying to do is incorporate things like Aberdeen Pavilion into the mix, so that is becoming the headquarters of Marvest. But it will also feature things like 15 local craft beers and local food vendors and local fashions. We have some workshops, we have different artisans, crafters, so there's all kinds of things going on at Aberdeen and that is entirely free."

Most of the concerts in the Glebe neighbourhood will be free, too, the pop-up venues inspired by trips to the South



Toast of the Town. CONTRIBUTED



The Ramblin' Valley Band. CONTRIBUTED

By Southwest (SXSW) festival in Austin, Texas.

"I've been going to South By for a number of years and one of the key parts of South By is programming lots of unconventional venues featuring many, many different choices of music."

Featured performers in CityFolk's Marvest series include: Alex Silas & The Subterraneans; Amos the Transparent; Baberham Lincoln; Cousin John; Fred Penner; The Hornettes; Iveykyo; Jack Pine and The Fire; James Leclair and the Cable 22's; Kelly Sloan; The Lionlys; Mackenzie Rhythm Section; Rich Chris; The Strain; and Suits 'n Toques.

For more information, visit cityfolkfestival.com/marvest.

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Amy Helm and the Handsome Strangers will play CityFolk's Telus Stage on Sept. 18 at 7:30 p.m. JENNIFER ALTMAN PHOTO

No stranger to the past



Steve Collins
For Metro

Though she has been touring steadily on her solo album, *Didn't It Rain*, since it came out in July, Amy Helm has also taken time to play with her old bandmates in Ollabelle and her father Levon Helm's Midnight Ramble Band.

"(Ollabelle) had a rehearsal

the other day and it was just so nice to connect with everybody," Helm said from Manhattan before an Ollabelle date. "It's been cool to reflect on these bands and how much you learn from being in collectives like that. For me, I was certainly, both with the Ramble Band and Ollabelle. Just listening to the songs and finding my way vocally and feeling a lot of gratitude for my time with those groups."

Summer dates with the Ram-

ble Band also brought back memories.

"That really felt like a family reunion. We spent so long with each other, playing in that band with my father and building that band with him. Being together always feels like you're seeing family that you haven't seen in a long time."

And even performing in Canada again is a reunion of sorts.

"Trips to Canada, of course, remind me a lot of my father.

I travelled to Canada a lot with him."

Audiences here, she said, are "just always really welcoming, and you can feel the love of music in the crowd. Not to say there aren't some fantastic places in the States to play, but I think that there's just a special thing in Canada. There's a great open-hearted kind of thing that a lot of musicians from the States definitely feel. It's always a pleasure to play up there."

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The Sheepdogs will hit the CityFolk Telus Stage on Sept. 19 at 6:45 p.m. MATT BARNES PHOTO

Sheepdogs unleashed

Jen
Traplin
For Metro

A lot has happened in the four years since Saskatoon rockers The Sheepdogs won Rolling Stone's Choose The Cover contest, becoming the first unsigned band to be featured on the magazine's cover.

Their independently released 2011 album, *Learn And Burn*, earned the group three Juno Awards for new group, rock album, and single of the year for *I Don't Know*, while its follow-up (and first major label release), *The Sheepdogs*, debuted at No. 1 in Canada and earned the band another Juno nod. They have also maintained a steady touring schedule that has taken them all over the world.

So when it came to recording their latest effort, *Future Nostalgia*, the guys knew they had to block out all of the attention spurred by their contest win.

"We just try to forget about all of that stuff," said Sheepdogs frontman Ewan Currie. "We literally went and rented a house out in the country to just kind of get away from everything. The attention was nice

and, obviously, any publicity is good when you're a band trying to sell tickets and albums, but when it comes to the creative process, I don't think it helps."

Away from the noise of the industry, Currie says recording the new album was a completely immersive experience.

"We just worked all day, every day. We could have gone swimming or enjoyed the outdoors, but we're rock and roll nerds and we just wanted to play with guitars and try to make cool songs. We made meals and ate together, we had all these brotherly vibes going on."

They chose the title *Future Nostalgia*, a phrase borrowed from the HBO sketch comedy series *Mr. Show*, because they are fans, though Currie said the band enjoys that it's also a bold statement.

"When we released the name of the album, people were saying, 'Woah, that's a cocky name, man,' and I guess it kind of is. But when you're naming an album, you've got to give it something grandiose. We thought, 'We're reasonably modest fellows, but this is a rock album, damn it, so let's go for it.'"

EVERYONE ORCHESTRA

Spontaneous composition



Steve Collins
For Metro

There is no rehearsal, no set list. When Matt Butler and his hand-picked and constantly-changing roster of musicians in Everyone Orchestra take the stage, they don't have much more of an idea of what's going to happen than the audience does.

"It's unique," Butler said. "It takes a while for everyone to get their brains around it. The more the audience understands the concept and what the musicians are attempting to do, that they're all improvising, that we're composing in the moment, that it's spontaneous composition, makes it much more exciting to experience."

As conductor, Butler is an energetic, sometimes frantic presence, flashing notes on iPads and dry erase boards, egging the players on through

+ ON STAGE

Catch Everyone Orchestra on CityFolk's Ravenlaw Stage on Sept. 19 at 11 p.m. and again Sept. 20 at 10 p.m. Conductor Matt Butler's ever-rotating band has featured musicians from The Grateful Dead, Phish, Gov't Mule, The Allman Brothers Band, Living Colour, Pink Floyd, Thievery Corporation, The Flecktones, as well as others.

their improvisations. No two performances ever turn out the same.

"I do a combination of things. I conduct, just like a regular conductor. I keep time, I call solos, I end songs, I begin songs. I'm also a human volume knob; I do a lot of work creating dynamics within the compositions that we're cre-



Matt Butler and his constantly-changing roster of musicians in Everyone Orchestra provide a unique live experience. CONTRIBUTED

ating. I'm also a facilitator in that I step back and let the musicians just riff and interact with each other ... And the other thing I'm doing is I'm working on breaking the third wall between the audi-

ence and the band down and getting them to sing a part that is created within each composition."

There is method in the apparent madness, Butler said, and these live, spontaneous

compositions are really just the creative process at work.

"The only way you write a good song is to try different things out and trying things out is basically making mistakes. You make a few mis-

takes, try some things and certain mistakes, all of a sudden, turn into what the song becomes. Miles Davis said something to the effect of, "There are no mistakes, only opportunities."

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Motel Raphael will play the Ravenlaw Stage at CityFolk on Sept. 18 at 6 p.m. CONTRIBUTED

Checking in with social media

Since their inception in 2012, Montreal indie folk band Motel Raphael has been working just as hard behind the scenes as they have on stage.

For this group of millennial musicians, social media has been an integral part of their career. Some of the first attention the band received was through CBC Music's Searchlight competition, which relies on online voting, and their first album, *Cable TV*, was paid for completely through crowdfunding.

"Because we're not a very big budget band and we don't have a marketing platform, social media is pretty important for us," said Clara Legault, one of the band's three co-leaders.

Most recently, Motel Raphael has been using their socials to give their fans tiny snapshots of their upcoming album.

As for their musical inspiration, much of that comes from their hometown. Legault said Montreal has helped shape who they are as artists.

"We all grew up here and we feel quite privileged to be in a place that has two duelling cultures that kind of ebb and flow together. I find that, in places that have a bit of tension like that, the art that can come out of it is really special. Our relationship to the city, in a way, we find it pretty exciting that we got to come of age in a place with that kind of inspiration."

As a band, Motel Raphael is also coming of age at a time when female artists are work-

ing hard to narrow the musical gender gap. Legault said she and bandmates Emily Skahan and Maya Malkin recognize, unfortunately, that gap still exists, but, for the most part, they try to block it out.

"We carry on as if there was no difference in the way people treat us because that's sort of what we're striving for — to be in a spot where you will be judged as a musician and not whether or not you're a boy or a girl musician." JEN TRAPLIN

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Will Butler will play the CityFolk Telus Stage at Lansdowne Park on Sept. 19 at 5:30 p.m. WILL BUTLER PHOTO

WILL BUTLER

Electric inspiration

Jen
Traplin
For Metro

Most know Will Butler as the talented and captivating multi-instrumentalist member of Arcade Fire, but, clearly, the layers of both his musical abilities and aspirations don't end there.

Earlier this year, Butler earned an Academy Award nomination for his work on the score for the feature film *Her*, and unveiled his debut solo record, *Policy*, recorded in just one week at the famed Electric Lady Studios in New York's Greenwich Village.

Bought by Jimi Hendrix in the late 1960s, the studio is known for its storied sessions with some of the greatest bands and artists of all time — a deep history that definitely wasn't lost on the young musician.

"Just being in the Village in New York, Jimi Hendrix was here and David Bowie was recording with John Lennon in the basement and The Clash were playing *The Magnificent Seven* after they'd hung out with

Debbie Harry and got to see Grandmaster Flash. It was very inspiring."

Butler played almost everything himself on this record, though he did enlist the help of a few friends to perform the odd minor part and brought in longtime bandmate and Ottawa native Jeremy Gara to lay down the drum tracks.

Butler said the intention of his solo album isn't to make a statement about his individuality. Instead, it just seemed like the next logical step.

"All of the work I have ever done has been song-based, Arcade Fire or on my own, so it was really about trying to make the songs true to themselves. Then, once I had a collection of songs, how do I make this collection true to itself, which is partly why it's so short and rocky — that's just what it called for."

When touring behind *Policy* is over, Butler isn't sure what he will get up to next.

He said he may contribute some songs to stage productions, and also expects Arcade Fire will be gearing up again "at some point."



See The Tubes on the Telus Stage on Sept. 16 p.m. JUERGEN SPACHMANN PHOTO

Still strong at 40



Steve Collins
For Metro

"Hard to believe isn't it?"

For The Tubes' Fee Waybill, home from a 40th anniversary European tour, the big 4-0 is still sinking in.

"I never would have guessed that we could have continued for 40 years, ever," the 65-year-old singer said. "But what are you going to do? The interest is there and the booking agents are calling and everyone enjoys it. It's still really a lot of fun."

Waybill said the overseas dates put a strain on what is now primarily a "weekend band."

"Believe me, I wanted to kill everyone in the band after three-and-a-half weeks," he deadpanned.

Still, it's nothing like the marathon touring and garish theatrics of The Tubes during their heyday.

"We had an unbelievable show, we had an insane production. You know, 40 people on the road and five dancers and, just, you know, amazing choreography, and sets and props and lights and we carried everything on our own, but it was a grind. It was really hard on us and people dropped out along the way."

Including Waybill.

"After about 15 years of doing this constantly all year long, I left. I couldn't take it anymore. I couldn't take the other guys, I couldn't take the drugs, I just had to bail. So I bailed out for about maybe four years, five years."

These days the show is scaled down, but Waybill still

ON STAGE

San Francisco rockers The Tubes continue their 40th anniversary tour with an opening night appearance at CityFolk on Sept. 16, on the festival's Telus Stage at 7 p.m.

suits up to assume different characters, notably the flamboyant Quay Lewd for their classic White Punks On Dope.

"I'm doing a lot of costuming and props, everything I can get on a plane. They won't let me take my chainsaw on a plane anymore."

Asked what the band is planning for its 50th anniversary, Waybill is aghast.

"Oh, f-k, you think we can make another 10 years?"

UB40

The groove continues

It has been close to a decade since UB40's Ali Campbell, Mickey Virtue and Astro performed in Canada.

Astro said a lot has changed in the intervening years, notably an acrimonious split resulting in two versions of the band operating under the same name.

Founding lead singer Ali Campbell fronts this version, while his brother Duncan Campbell sings for the other. Ali's UB40, Astro said, is very careful to let audiences know who they are going to hear.

"We are very, very conscious of this. In all the promotional material, in every interview, every poster. We let the public know that they're coming to see myself, Ali and Mickey, whereas the others describe themselves as the band that is UB40 and don't let the people know."

The two bands are fighting over the rights to the name in the British courts, and Astro doesn't see the dispute ending any time soon.

"No, that's just going to roll on and roll on and cost hundreds of thousands of dollars. It's just going to be one of those things."

The dust-up and online nas-



UB40, featuring Ali Campbell, Astro and Mickey Virtue, headlines CityFolk's opening night on Sept. 16 on the Telus Stage at 8:30 p.m. CONTRIBUTED

tininess between fans of the two bands inspired Cyber Bully Boys, a track on Silhouette, their latest album.

Silhouette also includes its share of reggae-fied cover tunes for which the band is probably best known, including the title track from the Rays, as well as songs by the Beatles, Bob Dylan, and the Chi-lites.

Astro said their method

for choosing tunes to cover is pretty straightforward.

"A lot of the time I'll kind of sit and actually listen to a song and start imagining where the reggae drops would be kicking in, and sometimes it works and sometimes it won't. Not all songs will translate into reggae and not every song is worth covering."

STEVE COLLINS

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Floral design by Elizabeth Fillmore. CONTRIBUTED



Lace sleeved by Hayley Paige. CONTRIBUTED



Blush hued by Lazaro. CONTRIBUTED



Floral lace by Maggie Sottero. CONTRIBUTED

Now trending in wedding gowns

IN STYLE

Experts share what we'll see down the aisle in 2016

Michelle Williams
For Metro

Choosing a wedding gown is perhaps the most important wedding detail a bride will face — next to her choice of groom.

Here are some of the top trends you'll see in 2016, according to bridal trend expert Jessica Mulroney, PR and Marketing spokesperson for Kleinfeld Bridal at Hudson's Bay.

Plunging necklines

"The red carpet has had a significant impact on current bridal wear trends, as we see more wedding dresses sporting risqué plunging necklines," says Mulroney. "If you've got it, flaunt it." However, Mulroney cautions that this look works much better on the dance floor than in church.

Floral patterns and appliques

If your wedding style is romantic and feminine, a fresh floral dress is the perfect choice. "Delicate lace and larger-than-life petals will have you positively blooming on your big day," says Mulroney. Florals are also a great way to make a lasting impression, explains Mulroney. "For the more dar-

ing bride, a floral pattern is the sure way to have a memorable wedding gown."

Lace sleeve

"Kate Middleton certainly created a lasting trend! The lace sleeve is still strong and given our climate in Canada, thank goodness for that." Want to bare arms later in the evening? Says Mulroney: "I'm a big fan of the detachable lace sleeve to create the perfect covered look for the ceremony and then a little more skin for the party."

Trains

Gorgeous sheath and column gowns are reimagined with gorgeous long trains — perfect for the ceremony, but removable for the reception. "The

wonderful thing about this trend is having two dresses in one. You get glamour with a capital G down the aisle, followed by the ease and simplicity of a classic sheath dress," explains Mulroney.

Also in vogue

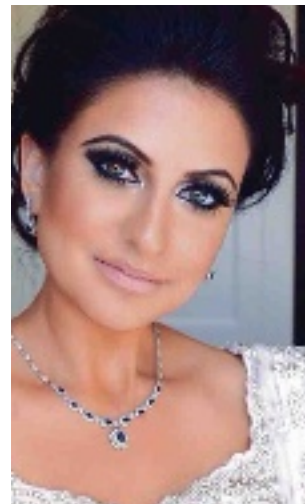
Look for these top-trends for brides:

- Gowns featuring layers of lace, "fairytale" skirts with delicate detail and blush-colour dresses
- Like gowns, floral veils are huge this coming year. Floral lace appliques throughout or edging the veil are real stunners.
- Hair bling, including enamel-plated flowers, wear like combs and hair bands, along with the classic diamond tiara.

Beautiful finishing touches

Here's what's trending in bridal beauty, according to Andrea Tiller, a Vancouver makeup and hair artist specializing in weddings:

1. Dramatic lashes and full brows
2. Contoured features, using matte bronzer around the hairline, hollows of the cheeks, and under the chin
3. Glossy nude lips
4. Glam Hollywood waves
5. Unstructured textured updos



Makeup trends include lash extensions and matte bronzer. CONTRIBUTED



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Modern couples want authentic and unique wedding days

Michelle Williams
For Metro

Kam Dhillon was born in India and came to Canada from Punjabi when he was an infant. Edith Halupka was born in Poland and came to Canada at age 4.

He's Sikh, she's Catholic. So it's not surprising they planned their wedding carefully with lots of open conversation to be very sensitive to both sides of the family.

"We wanted to incorporate both cultures, so we had an Indian ceremony, a non-denominational ceremony with some Polish customs a week later and one reception with food and traditions from both our cultures," says Halupka. "We hoped our guests would mingle so the room wouldn't feel divided. In the end,



Kam Dhillon and Edith Halupka had a wedding that incorporated Indian and Polish customs. CONTRIBUTED

everyone mixed beautifully!"

Interestingly, bucking tradition and thinking outside the box is one of the biggest trends in weddings. While the bride and groom may not mind tossing tradition, it can certainly ruffle feathers within the

family.

"The bride and groom are in love and just want to have a beautiful day. They're a modern couple who want their wedding to be authentic and represent who they are," says Geneve McNally, principal planner at Van-

couver's DreamGroup Productions, specializing in wedding and event planning. "They may not be thinking about how their decisions could be affecting others in the family."

This seems to be particularly true when the couple come

from different backgrounds. "When it comes to blending traditions, cultures and religions, brides and grooms typically have to find creative ways to do things to satisfy their families, like integrating elements from each culture into the wed-

ding."

McNally recommends that the bride and groom deal with it in the early stages of wedding planning by opening up the channels of communication between the generations of the family.

"Make sure you're in the driver's seat — but allow others to be heard. It's about respect and communication and giving them a voice. Be open and share what's important to you, but hear what's important to them, too."

Naturally, couples won't agree with the family on everything, but here's where it's important for everyone to compromise.

"Planning a wedding is often about cooperation," says McNally. You may not be able to please everyone all the time, but taking the opinions of others into consideration and showing willingness to compromise goes a long way.

And remember that keeping families happy is often worth a few compromises, says McNally. "Sometimes you have to choose your battles, especially when others are footing the bill for your wedding."



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Fall wedding show: Exhibits for all tastes

**Jen
Traplin**
For Metro

The fall edition of the Wedding Palace Bridal Show, the largest of its kind in eastern Ontario and west Quebec, features an array of exhibitors that will appeal to those planning a traditional wedding as well as boasting plenty of options for couples thinking outside the box.

"We have the best professionals in the industry on hand to help brides plan any type of wedding that their heart desires, whether that be traditional or nontraditional," says Amanda Andrews, president of the Wedding Palace Bridal Show. "I think all brides want their wedding to be creative and unique and our exhibitors can help them achieve that."

For couples looking for rustic elegance on their big day, Stanley's Olde Maple Lane Farm offers charming reception halls and eight beautiful ceremony sites, including

The Apple Orchard, a group of apple trees surrounded by a fieldstone wall that provides a stunning and unique backdrop for spring or fall weddings.

For those looking to get hitched a little further south, a number of exhibitors will be on hand with information on destination weddings, an increasingly popular choice for couples.

Julie Thivierge, wedding planner with Wedding in the Tropics, says the demand for destination weddings increases every year, thanks to both the price tag and, of course, the experience.

"The cost is much lower than doing a local wedding and it is not only a one day thing — it's a one week vacation with your family and friends, plus the wedding," she explains.

For wedding parties on a budget or those searching for more eco-friendly options, stop by Rent frock Repeat's booth. The dress rental company offers designer frocks

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that are professionally fitted and then returned, all for a fraction of the cost of purchasing.

"We've heard our share of, 'Thank goodness I can rent my bridesmaid dress because I would have a hard time reconciling paying over \$400 for a dress I am going to wear once,'" says Lisa Delorme, Rent frock Repeat's co-founder and CEO.

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Looking for better Luck when it matters most

NFL
Colts QB aims to be better in red zone and on third down

Andrew Luck has always preferred results to numbers. This year, he's focused on both.

The Colts quarterback knows that if he and his teammates are going to take the next logical step in what has been a steady progression, Indianapolis must become more efficient on the plays that matter most.

"Red zone and third down," Luck said when asked what he wanted to improve on this season. "Better touchdown-interception ratio down in the red zone and got to convert on some third downs, which will help everybody."

Luck hasn't said exactly what his 2015 numbers should look like.

Historically, however, research shows those categories have been crucial to a team's success.

In the Colts' Super Bowl-winning season, 2006, Indy led the league in third-down conversion rate (56 per cent) and Peyton Manning threw a career-low nine interceptions.

Since taking over as New England's starter in 2001, Tom



Andrew Luck has led Indianapolis to three straight playoff appearances, back-to-back division crowns and last season's AFC championship game. JARED WICKERHAM/GETTY IMAGES

Brady led the Patriots to AFC title games in five of the six seasons he started at least two games and his interception percentage was two per cent or less. New England also finished in the top quarter of the league on third-down conversion percentages during three of its four title runs.

Somehow, Luck has defied the trend.

The Colts have continued to win despite having the NFL's fifth-highest giveaway total (56) over the past three seasons, taking a league-high 210 quarterback hits over the past two seasons, according to STATS, and a mediocre 39.3 per cent third-down conversion rate over the past two seasons combined.

Luck has led Indy to three straight playoff appearances, back-to-back division crowns and last season's AFC championship game. He is the biggest reason the Colts are now considered a

“
The expectations inside the locker room, inside the building, are no different than my first year here.
Andrew Luck

primary threat to the defending Super Bowl champion Patriots.

"I'm just glad he's our quarterback," coach Chuck Pagano said recently. "The only thing he wants to do is win football games. That's all that really matters to him."

The first big test of Luck's new goals comes Sunday at Buffalo.

He's facing a defence that led the league with 54 sacks, limited opposing to quarterbacks to a second-best rating of 74.5 rating and picked off 19 passes, No. 6, last season.

While there's little doubt the Bills will try to pressure Luck into mistakes, Buffalo coach Rex Ryan understands the risk.

"He is poised way beyond his years and obviously you put him right up there. He is the next Manning, Brady and all that type of stuff," Ryan said. "The once in every generation, even though the Colts get one every 10 or 12 years. But that's who he is, he doesn't get rattled."

THE ASSOCIATED PRESS

IN BRIEF

Serena's semifinal match pushed to Friday

Serena Williams will have to wait before continuing her bid for a calendar-year Grand Slam: her U.S. Open semifinal was postponed because of rain in the forecast.

The top-seeded Williams was supposed to face 43rd-ranked Roberta Vinci of Italy on Thursday night at Flushing Meadows, but nearly four hours before that match would have started, the U.S. Tennis Association — citing a prediction of "rain throughout the evening" — pushed back both women's semifinals until Friday. Simona Halep and Flavia Pennetta are featured in the other match.

THE ASSOCIATED PRESS

Blue Jays-Yankees opener postponed due to rain

The game between the AL East-leading Toronto Blue Jays and the second-place New York Yankees scheduled for Thursday night was postponed because of rain.

It was called more than an hour before it was supposed to begin. The teams will make it up with a doubleheader Saturday starting at 1:05 p.m., with the second game beginning a half-hour after the opener ends.

The Blue Jays lead the Yankees by 1-1/2 games going into this four-game series. Toronto ace David Price had been set to start off against Yankees rookie Luis Severino.

THE ASSOCIATED PRESS



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HOCKEY

Hefford retires from Canadian women's hockey

Jayna Hefford left the Canadian women's hockey team the way she arrived — winning gold in overtime against the United States.

After 17 years, four Olympic gold medals and multiple world championships, the 38-year-old forward from Kingston, Ont., was among three players announcing their retirements from Canadian women's team hockey Thursday.

Hefford, forward Gillian Apps of Unionville, Ont., and Montreal defenceman Catherine Ward wore the Maple Leaf for the last time in Canada's 3-2 overtime win over the U.S. in the final of the 2014 Winter Olympics in Sochi, Russia.

The three women did not play for Canada last season as they stepped away from hockey and pondered their futures. Apps, 31, won three Olympic gold medals during her career and the 28-year-old Ward earned two.

Hefford ranks second behind Canadian teammate Hayley Wickenheiser in all-time games played (267), goals (157) and points (291) for Canada.

THE CANADIAN PRESS



Jayna Hefford

LOIC VENANCE/AFP/GETTY IMAGES

McDavid up for next test

NHL

No. 1 pick leads Oilers rookies into Young Stars tourney

Edmonton Oilers phenom Connor McDavid took the next step in his NHL career Thursday, checking in to rookie camp before heading out to play in the Young Stars tournament in B.C.

"It'll be fun," McDavid told reporters after he and the other Oilers rookies finished up medical and fitness testing at Rexall Place. "Penticton is part of the process. Let's get it started."

Rookies from the Oilers will play against fellow first-year rivals from the Winnipeg Jets, Vancouver Canucks and Calgary Flames starting Friday in Penticton.

The Oilers' main camp begins next week, and the anticipation of McDavid's arrival in the Alberta capital continues to build. The team announced Thursday that crowds for the first days of training camp are expected to be so large, a lottery will be held to determine who gets in.

McDavid's dazzling offensive talent has observers predicting he is a generational player akin to Pittsburgh Penguins great Sidney Crosby.

The 18-year-old forward, drafted first overall this spring by Edmonton, said he is getting used to the glare of the spotlight.

"It's something I've prepared for," he said. "It comes with the job that we all picked."



Connor McDavid says he is getting used to the glare of the spotlight that comes with being compared to the likes of Sidney Crosby and Wayne Gretzky. JASON FRANSON/THE CANADIAN PRESS

While McDavid is the headliner, the Oilers are hoping a number of highly talented newcomers will take the next step this season and return the Oilers to the playoffs for the first time since 2006.

Two of them, centre Leon Draisaitl and defenceman Darnell Nurse, will be with McDavid in Penticton. Nurse said the intensity of the tournament is a good way to start.

"You don't play many games in the summer that have high

+ IN PENTICTON

The Young Stars Tournament runs from Friday to Monday. The Oilers rookies were 2-1 at last year's event, with Draisaitl and Nurse in the lineup.

tempos ... so it will be good to go out there and get my legs under me," said Nurse.

He added it will be fun to

play with McDavid.

"He's a very dangerous player," Nurse said. "He goes out there every day and works hard, and pushes himself. It's something the other guys feed off of."

Nurse is looking to stick full time with Edmonton after playing just two games last season before returning to junior. Draisaitl, meanwhile, played 37 games with Edmonton before being sent down to junior.

The former first-round pick

said his goal for this training camp hasn't changed.

"I come in with the same mindset," said Draisaitl. "I want to establish myself as a full-time NHL player."

Head coach Todd McLellan has said he is considering moving him from centre to wing. Draisaitl said he hasn't played the position recently, but has in the past.

"It shouldn't be too big of an adjustment," he said.

THE CANADIAN PRESS

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This chili is great served by itself, in a hollowed-out bun or over a baked potato. Serves 6.

Ready in

Prep time: 10 minutes
Cook time: 30 minutes

Ingredients

- 2 Tbsp margarine or butter
- 1 1/2 cup diced onion
- 1 cup diced green bell pepper
- 1 lb lean ground turkey
- 2 tsp minced garlic
- 1 can red kidney beans, rinsed and drained
- 1 can diced tomatoes, undrained
- 1 cup canned or frozen whole kernel corn
- 1 jalapeno pepper, chopped (without seeds)
- 2 tsp chili powder
- Garnish
- 1/2 cup low-fat sour cream
- 1/2 cup shredded cheddar cheese
- 1/4 cup green onions

• 2 Tbsp chopped cilantro

Directions

1. Melt margarine in large nonstick skillet over medium-high heat. Cook onion and green pepper, stirring occasionally until tender, about five minutes. Add ground turkey, stirring occasionally until done, about five minutes.
2. Stir in garlic, beans, tomatoes, corn, jalapeno pepper and chili powder. Reduce heat to low and simmer covered, stirring occasionally until heated through, about 20 minutes.
3. Serve in either hollowed-out dinner roll, over pasta, baked potato or on its own. Serve with garnishes.

Nutrition per serving (chili)

- Calories 255
- Protein 26 g
- Carbohydrates 21 g
- Fibre 5 g
- Total fat 9 g
- Saturated fat 3 g
- Cholesterol 45 mg
- Sodium 409 mg

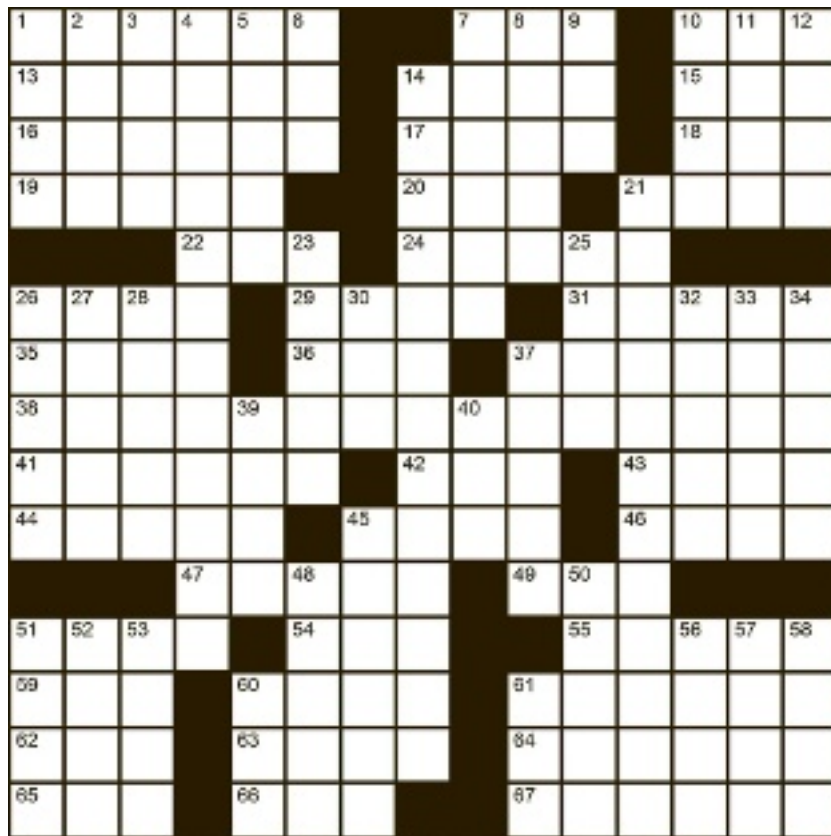
PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Dress pants
7. "The National" aier
10. Val-_-_, Quebec
13. Capital of Cuba
14. Choo! Choo!... 'Station' in Quebec
15. Pres. Eisenhower
16. Made amends
17. Canadian filmmaker Mr. Reitman
18. Soldier's food-in-a-packet [acronym]
19. Salon rinse
20. Preacher, e.g.
21. Become better
22. 'E' in P.E.I., briefly
24. Feudal lord; or, a city in Belgium
26. _ (Slightly)
29. Org.
31. Burdened
35. Haves and have- _
36. Poetically far
37. "Thy will _ _ in earth..." - The Lord's Prayer
38. Canada: 3 wds.
41. One of The Dionne Quintuplets
42. Obtained
43. Challenger
44. " _ Entertain You" by British pop star Robbie Williams: 2 wds.
45. Vincent van Gogh's brother
46. Beige



47. "It doesn't matter whether _ _..."
49. American aier since '71
51. Similar
54. Gold: Spanish
55. Later on
59. Ms. Imbruglia, to pals
60. Clothing line for

- "Shark Tank" tycoon Daymond John
61. Stick or split
62. B'way's locale
63. Help _ _ hand
64. Well- _ (Rich)
65. " _ la la!"
66. Lana Del _
67. Autumn

flowers

DOWN

1. Ex-ruler of Iran
2. Not on time
3. Mary Kay rival
4. Product by Canadian food brand Clover Leaf: 2 wds.
5. Work the dough

6. " _ Songs (Say So Much)" by Elton John
7. Hazard for miners: 2 wds.
8. Courageous
9. 100 yrs.
10. Bluenose coin
11. Gumbo
12. Fishing rod

- part
14. Fun for fellow female friends: 3 wds.
21. Alanis Morissette song that goes "You ask how my day was.": 3 wds.
23. The Were connector (Barbra Streisand/Robert Redford flick): 2 wds.
25. "Glenarry _ Ross" (1992)
26. One of Charlie's trio on '70s TV
27. Singer Mel
28. Had that sandwich: 2 wds.
30. Musical fifth note, variantly
32. Like an ancient style of architecture in Greece
33. Participate
34. Psychedelic jacket style
37. Make a wager at the casino: 2 wds.
39. Level
40. Boot bit
45. Newfoundland town near St. John's
48. Fruitless: 2 wds.
50. Becomes ashen from fright
51. Latin 'year'
52. Send to the boxing canvas
53. Rash reaction
56. Story
57. _ since that time...
58. Many wines
60. Evergreen tree
61. " _ -ching!"

* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Make a serious effort to get along with people. You will be forgiven almost any transgression but in return you must not get angry every time others get something wrong.

Taurus April 21 - May 21
No, you must not start slowing down. The approaching solar eclipse will bring you all sorts of new opportunities and this could turn out to be one of the best times of the year, so set your sights high and push harder.

Gemini May 22 - June 21
You must be decisive today; loved ones will be expecting you to give some kind of lead. Remember that despite your occasional minor differences you are part of the same team.

Cancer June 22 - July 23
You may have good reason to be annoyed by someone's behaviour but the approaching eclipse means it is not worth your time or energy. If certain individuals get you down then turn your back and walk away.

Leo July 24 - Aug. 23
A new cycle is about to begin, one that will help you get more materially. Even a Leo needs to pay the bills and the weekend will bring you new insights into ways to make money.

Virgo Aug. 24 - Sept. 23
Sunday's eclipse in your sign promises a new beginning, but don't just sit back and wait for wonderful things to happen. The more effort you put in now the more you will get.

Libra Sept. 24 - Oct. 23
Attitude is everything. With the right outlook you will find ways to turn all events in your favour, even those which, on the surface at least, seem to be acting against your interests. Think positive.

Scorpio Oct. 24 - Nov. 22
You may be a loner by nature but make an effort to get along with others. It may not be possible to like everyone but that does not mean you cannot work with them.

Sagittarius Nov. 23 - Dec. 21
The approaching eclipse will make it easy for you to reach out and influence events. Don't sit around lamenting missed opportunities, get out and make a few more.

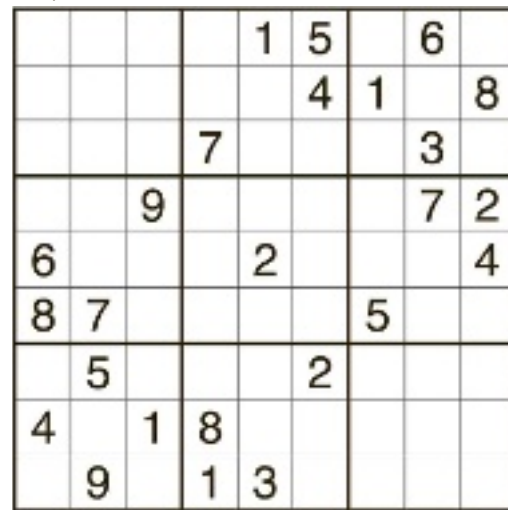
Capricorn Dec. 22 - Jan. 20
Make time to plan for the future. The more you look ahead the more likely it is you will get lucky before the end of the year. You will soon get a chance to move up in the world.

Aquarius Jan. 21 - Feb. 19
Some of what happens over the next few days may be hard to understand but be assured there is a reason. Play along and don't doubt for a moment that everything will come right in the end. Somehow it always does.

Pisces Feb. 20 - March 20
You will get the chance to put relationships on a firmer footing — make good use of it. It will be easier if you are willing to confess that your attitude has been part of the problem.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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